

September 2025

ELUL 5785/TISHREI 5786



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CONGREGATION BETH ISRAEL'S *Newsletter*



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Lach L'cha!

By Rabbi Howard Mandell



I begin my 13th year as your Rabbi with great gratitude and appreciation, and as a result, it is very important to me that I never allow myself to become jaded or to rest primarily upon my past achievements here at CBI. I am thus reaching out to you to let me know, as part of my High Holy Day preparation, if there is anything that you think that I might be able to do better during the coming year.

While I sincerely want to know your answer to this question, I admit that there is a part of me that has some trepidation about your response. Why? Because even after 13 years in the position, even at my stage of life, I still have a vulnerable, perhaps insecure, side that would much prefer to hear what I did well the past year.

I have recently come to appreciate that I may not be the only one who feels this way. For the past month or so, we have been reading, each Shabbat, from the Book of Deuteronomy. From these Torah portions, in which Moses has been looking back over his life, it appears that he, too, may have had some doubts and concerns about how well he performed as the leader of the Israelites on their 40 year sojourn in the desert, for he, on more than one occasion in the Book of Deuteronomy, re-writes history to make himself look better.

We Jews are just starting the month of *Elul*, which means that we are but a month away from *Rosh Hashanah*. Our Tradition encourages us, during the month of *Elul*, to begin to look back over the past year to assess our deeds, words, and actions and thus seek to identify those behaviors we would like to change, and upon which we would like to improve, during the coming year.

As it was for Moses, as it is for me, and as it is, I believe, for many of us, in looking back over the past, it is far easier for us to focus upon what we may have done well, rather than to admit our mistakes, and how we may have fallen short of the mark.

Beginning the process of self-reflection and of looking inward, during the month of *Elul*, rather than waiting for the High Holy Days to actually begin, gives us, according to our Tradition, the best chance of achieving the personal growth and transformation many of us hope for during the High Holy Day Season and during the coming year.

I do have a small personal favor to ask. Whenever you do undertake your *heshbon hanefesh*, your “personal accounting of the soul,” I would urge you to please do so in a kind and loving, gentle and compassionate way. The same should you wish to tell me what I might be able to do better during the coming year.

May the High Holy Days this year, 5786, be a time of joy, meaning, and personal transformation for your loved ones and for you!

Rabbi Howard Mandell

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jeff Tye

As I sit down to write this article at the end of August, several musical quotes seem to be jumping into my mind, (“with a little help from my ‘kids’”) (Beatles)! The first is “Time keeps on marching into the future...” (Steve Miller Band). The second is “I’m leaving on a jet plane, don’t know when I’ll be back again” (John Denver, sung by Peter, Paul, & Mary). How about “Don’t stop thinking about tomorrow (Fleetwood Mac) or “The Rest is Still Unwritten” (Natasha Bedingfield), because “The times – they are a changing” (Bob Dylan). [Can Adon Olam be sung to any of these (CBI Shabbat morning minyan)???)]

To me, the above seem to suggest aspects of a journey. It might be a personal journey for work or pleasure or taking a communal journey as part of a local, regional or even national or international organization or group. Maybe it’s a more specialized journey like changing direction(s) in life willingly or unwillingly. In some cases, it might even be a more spiritual journey to try and find the best “me”! When these journeys begin, are we measuring time by a watch, a calendar, or a history book? For that matter, do we even know if we have even begun a new journey? Are we looking at the signposts along the way in an engaging way or are we oblivious to these potential possibilities? How do we know if we are progressing or regressing? (With Rosh HaShanah and Yom Kippur being right around the corner, take a look at some thought-provoking questions the Rabbi has sent to our Congregation to consider!!!) (If you haven’t received your High Holyday mailing yet [or simply misplaced it] with times, and expected attendees, and other details please let Janet know.

Back in June at the Annual Meeting, Jon Brody shared with us the plans that have finally been put in place to create our own CBI Legacy Fund! The interest generated from this Fund will be used to help further reduce our deficit funding, helping us to get to an even more vibrant future. If you are looking to reduce your taxes through charitable giving, please consider this important project as we journey forward together!

Also at the Annual Meeting, if you were present in person or on Zoom, you might recall the exercise we did. We broke into discussion teams to potentially identify aspects we might want to improve as well as those we might want to change or leave behind as our collective journey continues. The Board has gathered these items and started reviewing them for

Continued on Page 4

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jeff Tye

possible implementation! If you have since thought of other ideas (or if you missed the meeting but would love to share your thoughts) that you would like to see, come to fruition, please contact Jon, Caren, or myself. We would also encourage you to consider writing an article of interest to you that you would like to share with your fellow CBIers in a future bulletin, weekly e-mail or other communication. New perspectives are always welcome!

Thanks to some great efforts by all who are on our various Committees, and special projects, our Fall /early Winter calendar is rapidly filling with many exciting events, and activities. We would love to have your input and energy on all or any of these. We hope you will join us for as many of these as you can. We are also planning to have an additional in-house CPR class as well as Stop-The-Bleed classes in the near future which are geared towards enhancing our capabilities in handling possible emergent situations.

Last, but certainly not least, in the spirit of the season, if we as your leadership team have offended or wronged you in any way, please give us the opportunity to apologize and make things right! Together, our collective Journey will hopefully mesh with your individual Journeys “and maybe someday, we will find that it wasn’t really wasted time!”
(The Eagles)

Life Cycle Events

For adult children of congregants and non-members, the Rabbi’s fees are as follows:

☆ Baby Naming	\$ 500
☆ Unveiling	\$ 350
☆ Funeral	\$ 750
☆ Wedding	\$1, 500

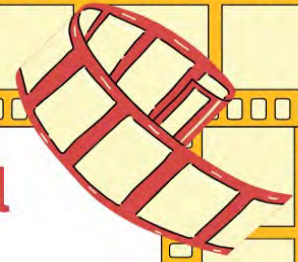


break the fast



Join us for a Community Break Fast

October 2nd immediately following services
\$5 per person/\$25 per family
Please RSVP by September 26th



Congregation Beth Israel Presents



Please join us on
October 26th @ 2:00pm
for a special showing of
“Four Winters”
with a Q&A with
Director Julia Mintz
at the Lexington Cinema
1794 Massachusetts Ave
TICKETS FOR SALE AT

[HTTP://TINYURL.COM/4WINTERSCBI](http://tinyurl.com/4winterscbi)

Made possible by a grant from the Zeller Fund



2025-2026 BOOK CLUB

THE COMMITTEE HAS CHOSEN THE FOUR BOOKS FOR 2025-2026

- “The Red House” by Mary Morris
- “I am Jewish” by Ruth & Jules Pearl
- “Songs of the Broken Hearted” by Ayelet Tsibari
- “American Pastoral” by Philip Roth





CBI'S LIBRARY IS OPEN

FOR A COMPLETE LIST OF
BOOKS:

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KIDDUSH SPONSORS NEEDED

We have a few dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are available:

- ☆ September 27
- ☆ October 11
- ☆ October 18
- ☆ November 8
- ☆ November 15
- ☆ November 22

Please contact Janet at

CBI Cares

CBI Cares is here for you.

Please notify Barbara Moverman at

Barbara.moverman@gmail.com

or Janet at

office@bethisraelmv.org

if you know of someone could use a meal or support of any kind.

We are here for you.

UPCOMING EVENTS AND HOLIDAYS!

- | | |
|---------------------|--|
| ☆ September 1 | Labor Day — Office Closed |
| ☆ September 13 | Selichot |
| ☆ September 22 | Erev Rosh Hashanah |
| ☆ September 23 & 24 | Rosh Hashanah |
| ☆ October 1 | Erev Yom Kippur |
| ☆ October 2 | Yom Kippur |
| ☆ October 2 | Break Fast at CBI |
| ☆ October 7 & 8 | Sukkot |
| ☆ October 13 | Columbus Day — Office Closed |
| ☆ October 14 | Shmini Atzeret |
| ☆ October 15 | Simchat Torah |
| ☆ October 25 | Service honoring Jerry Golner on his 90th birthday |
| ☆ October 26 | CBI Movie Fundraiser “Four Winters” |

Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, *check made out to CBI, including the notation "RDF"*, and it will be credited accordingly.

Thank you for your generosity!

BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, September 8 at 7:15pm on Zoom for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, please RSVP no later than September 4 to Janet at 978.474.0540 or office@BethIsraelMV.org and the Zoom link will be provided, along with an agenda.

The October 2025
Bulletin deadline is
Wednesday, September 24, 2025

Send your articles to
Newsletter@BethIsraelMV.org with
"October Newsletter"

BIRTHDAYS & ANNIVERSARIES SEPTEMBER 2025

SEPTEMBER HAPPY BIRTHDAY

יום הולדת שמח



Mike Rose	September 1
Burt Ochs	September 5
David Rose	September 5
Ian Cuthbertson	September 7
Janet Damelin	September 7
Rich Soll	September 10
Ellen Macklin	September 10
Jonathan Brody	September 12
Richard Roomberg	September 12
Eric Soll	September 14
Ted English	September 20
Rob Abbott	September 21
Chris Cook	September 27
Lily Guttentag	September 23
Hannah Moverman	September 25
Allison Soll	September 29
Rebecca Cuthbertson	September 30

SEPTEMBER HAPPY ANNIVERSARY



Mariah Wentworth & Steven Roomberg	September 3
Adelle Stavis & Doug Cuthbertson	September 4
Mike & Merle Roesler	September 4
Howie & Tina Spector	September 5
Sarah Blumenstock & Kris Girrell	September 7

Best wishes for
many more
healthy and happy
celebrations!

Join us for Kiddush Luncheon following Shabbat Morning Services!

THANK YOU TO OUR MAY KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
Judith Chaloff	August 2	In memory of her beloved husband, Charles J. Chaloff
Gary Mauser	August 2	In memory of his beloved brother, Donald Mauser
Robin Pike	August 2	In memory of her beloved father, Paul Kaplan and her beloved grandfather, Louis Stillman
Jon Brody	August 9	In memory of his beloved mother, Bernice Brody
Les Tye	August 9	In memory of his beloved father-in-law, Louis Konikoff
Gary Mauser	August 16	In memory of his beloved mother-in-law, Libby Feinberg
Melodie & Howard Teich	August 16	In honor of Melodie's 69th birthday
Leslie & David Silverstein	August 23	In honor of their 41st wedding anniversary
Elaine Winic	August 30	In memory of all our precious pets
Janet Damelin	August 30	In memory of her beloved mother, Etty Damelin, her beloved grandmother, Bessie Damelin, and in honor of Janet's 75th birthday

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones
and / or special events / holidays.

Contact Janet for more information on Kiddush sponsorships.

Kind & Generous Donations

TEMPLE FUND

FROM

TO

OCCASION

Terry Feters	Alan Friedman	In memory of your beloved brother, Jack Friedman
Terry Feters	Bob Moverman	In memory of your beloved mother, Milly Moverman
Trudy & Mitch Zakin	Bob Moverman	In memory of your beloved mother, Milly Moverman
Trudy & Mitch Zakin	Ellen Maltzman	In memory of your beloved mother, Ciel Saperstein
Barbara Pofcher	Styman Family	In memory of your beloved mother, Pearl Styman
Ellen & Rich Maltzman	Bob Moverman	In memory of your beloved mother, Milly Moverman
Ellen & Rich Moverman	Congregation Beth Israel	Thank you for the many donations in memory of my beloved mother, Ciel Saperstein
Michelle & Larry Soll	Steven Liffmann	In memory of his beloved father, Dr. Kenneth Liffmann
Barbara Pofcher	Mrs. Davida Gilmore	Mazel Tov on your grandson's Bar Mitzvah!

YAHREZIT DONATIONS

MOURNER

Jonathan Brody
Phyllis Berkowitz
Natalie Greenblatt
Ellen Macklin
Ed Sloan
Janet Damelin
Janet Damelin
Gale Cogan
Gale Cogan
Ruth R. White
Sheryd & David Jackson
Sheryd & David Jackson

DEPARTED

Bernice Brody, Mother
Judy Kutel, Sister
Fannie Klotz, Aunt
Morris Macklin, Father-in-law
George Sloan, Father
Bessie Damelin, Grandmother
Etty Damelin, Mother
Gilbert Cogan, Husband
Sam & Katie Cogan, In-laws
Libbie Fleet Glazer, Mother
Alfred Raifman, Uncle
Michael Joseph Shapiro, Brother

We appreciate and accept all donations for various funds for recognition purposes, however all donations are used for general operating expenses except those to the Rabbi Discretionary Fund and the Leonard C. Mandell Legacy Fund / May Their Memory Always be for a Blessing

The following names will be read, and people remembered at *Yahrzeit*, on Shabbat Morning

September 5-12 13-19 Elul	September 13-19 20-26 Elul	September 20-26 27 Elul-4 Tishrei	September 27-October 3 5-11 Tishrei
Joseph Appel Brenda J. Arkin Ralph H. Bender Dobrich Bord Murray Bronstein David S. Chedekel Samuel Cohen Herbert Edelstein Alta Falk Faith Flagler Benjamin Fried Bella Yael Garber-Goldberg Libby Glazer Claire Goldman Leah Gordon Harry Green Herman Hallet Jacob I. Hurwitz Isaac Kamien Milton Koor Martin Lazar Louis Levine Allan L. Levine Anne Klein Miller Morris Milstone Jennie S. Neyman Sarah Orenstein Marshall Pitler Robert Primak Rose Robinson Abraham Rosengard Melvin Salovitch Mordechai Schlau Ezra Schneider Bessie Scolnick Harry Sharcoff David Sherman Shaina Mary Silverman Benjamin Sloan Jack W. Sloan	Blanche Alexander Eugene Isaac Alt David Averbach Esther Berenson Dr. Philip Berman Louis Blotner Leah Cohen Maurice Cohen Fannie Barlofsky Cowan Sarah Delinsky Ida Fisher Nathan Fleischman Sarah G. Frank Helen Gerson Benjamin Glasky Abraham Goldman Rose Marks Goldman Morris Golner Abraham Green Philip Green Ernestine Greisdoff Max Grossfeld Frances Harris Bella Kaplan Eva Lebowitz Linda Lilienfeld Morris Macklin Harvey J. Muscovitz Eva Posner George Posner Ethel Lena Rick Udel Rosenberg Annie Rosenthal Lazarus "Red" Schoenberg C. Allen Shapiro Ida Silverman Robert Yale Styman Annie Tuton Frank J. Van Greenby Leo Weirnick Manuel Weiss Martha Wilde	Sarah Baker Sophie D. Baker Elaine Berry Arthur Brodsky Esther Cohen Paul Dubroff Janice Fiegleman Bernard Gerson Benjamin Gonshorek Frank H. Greenberg Jennie Greenberg Sophie Lax Jacobson Joseph G. Koffman William Korobkin Albert Kotzen Maynard J. Lebowitz Melvin Loftus Isadore Robinson Bertha H. Rubin Marlene Schneider Beverly Schneider Charles Segal Rose Seltzer Irving B. Sideman Jennie Silverman George Sloan Dorothy Stavis Morris W. Stoloff Julio B. Topp Clara Wicholas	Leonard Azanow Archie Barlofsky Maurice Bebachick Ethel Levine Benjamin Minnie Bernstein Evelyn Bier Rose Brenner Pasech Davis Shiffra Davis Julius Joseph Drucker Fannie Elias Simon Feferholtz David Fox Harry Gilboard Alyce Goldstein Pearl Goldstein Evelyn Gottlieb Joseph Green Barrett Kane Shirley Shapiro Kaplan Solomon Knopf Samuel D. Levine Minnie Levine Myer Lisman Bessie Neyman Louis Rindler Mary G. Rindler Ronna Rose Burt Schneider Harriet Schrank Ethel Schwartz Sidney Shek Moses Sherman Tamara Sherman Jacob (Jack) Soll Mildred Stanten Harry Stoller Ida Tetle Rabbi Dr. Benjamin H. Tumim Anne Gittes White

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תודה רבה מזל טוב - TODAH RABAH, THANK YOU

Hilary Guida for her weekly shopping and preparations for our Shabbat Kiddush

Jeff Tye for installing the AED and Stop-the-Bleed kits



We have the 5786 Jewish Calendars from Goldman Funeral Home available at the synagogue. Please let Janet in the office know if you would like one.

THURSDAY NIGHT MINYAN

**Regularly scheduled on the 1st & 3rd
Thursdays of each month**

Thursday, September 4 & 18

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Wednesday before by clicking here:

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Vice President, Finance	Jonathan Brody
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Rabbi Howard Mandell

Rabbi Mandell is available by calling the Synagogue or via email, RabbiMandell@BethIsraelMV.org

Synagogue Office Hours

9:00 am - 5:00 pm
Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

Phone: 978.474.0540

office@BethIsraelMV.org

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Rick Pike	

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Howard Flagler	Howard Spector
Jim Shinker	

CBI Email Addresses

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SEPTEMBER 2025

ELUL 5785-TISHREI 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8 Elul LABOR DAY OFFICE CLOSED	2 9 Elul MAH JONGG @ 7:00pm	3 10 Elul	4 11 Elul MINYAN @ 7:00pm	5 12 Elul 6:53pm Candle Lighting	6 13 Elul Shabbat Services @ 9:30am Havdalah @ 7:53pm
7 14 Elul	8 15 Elul BOARD MEETING IN PERSON @ 7:15PM	9 16 Elul MAH JONGG @ 7:00pm	10 17 Elul	11 18 Elul	12 19 Elul 6:41pm Candle Lighting	13 20 Elul Shabbat Services @ 9:30am Leil Selichot Havdalah @ 7:40pm
14 21 Elul	15 22 Elul	16 23 Elul MAH JONGG @ 7:00pm	17 24 Elul	18 25 Elul MINYAN @ 7:00pm	19 26 Elul 6:28pm Candle Lighting	20 27 Elul Shabbat Services @ 9:30am Havdalah 7:27pm
21 28 Elul	22 29 Elul EREV ROSH HASHANAH 6:23pm Candle Lighting	23 1 Tishrei ROSH HASHANAH DAY 1 7:21pm Candle Lighting	24 2 Tishrei ROSH HASHANAH DAY 2 7:20pm Candle Lighting	25 3 Tishrei 5:12am Fast begins Tzom Gedaliah 7:10pm Fast ends	26 4 Tishrei 6:16pm Candle Lighting	27 5 Tishrei Shabbat Services @ 9:30am SHABBAT SHUVAH Havdalah 7:14pm
28 6 Tishrei	29 7 Tishrei	30 8 Tishrei				



OCTOBER 2025

TISHREI-CHESHVAN 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9 Tishrei EREV YOM KIPPUR 6:07pm CANDLE LIGHTING	2 10 Tishrei YOM KIPPUR HAVDALAH @ 7:05PM BREAK FAST FOLLOWING SERVICES	3 11 Tishrei 6:04pm Candle Lighting	4 12 Tishrei Shabbat Services @ 9:30am Havdalah @ 7:02pm
5 13 Tishrei	6 14 Tishrei EREV SUKKOT 5:58pm CANDLE LIGHTING	7 15 Tishrei SUKKOT I 6:57pm CANDLE LIGHTING OFFICE CLOSED	8 16 Tishrei SUKKOT II 6:55pm HAVDALAH OFFICE CLOSED	9 17 Tishrei SUKKOT III	10 18 Tishrei SUKKOT IV 5:52pm Candle Lighting	11 19 Tishrei Shabbat Services @ 9:30am SUKKOT V Havdalah @ 6:50pm
12 20 Tishrei SUKKOT VI	13 21 Tishrei SUKKOT VII HOSHANA RABA 5:47pm CANDLE LIGHTING COLUMBUS DAY OFFICE CLOSED	14 22 Tishrei SHEMINI ATZERET 6:45pm CANDLE LIGHTING OFFICE CLOSED	15 23 Tishrei SIMCHAT TORAH 6:44pm HAVDALAH OFFICE CLOSED	16 24 Tishrei MINYAN @ 7:00pm	17 25 Tishrei 5:40pm Candle Lighting	18 26 Tishrei Shabbat Services @ 9:30am MEVORCHIM CHODESH CHESHVAN Havdalah 6:39pm
19 27 Tishrei	20 28 Tishrei BOARD MEETING @ 7:15PM	21 29 Tishrei MAH JONGG @ 7:00pm	22 30 Tishrei ROSH CHODESH CHESHVAN	23 1 Cheshvan ROSH CHODESH CHESHVAN	24 2 Cheshvan 5:29pm Candle Lighting	25 3 Cheshvan Jerry Golner's 90th Birthday Shabbat Services @ 9:30am Havdalah 6:29pm
26 4 Cheshvan CBI FUNDRAISER "FOUR WINTERS" LEXINGTON CINEMA	27 5 Cheshvan	28 6 Cheshvan MAH JONGG @ 7:00pm	29 7 Cheshvan	30 8 Cheshvan	31 9 Cheshvan 5:20pm Candle Lighting	