

**January 2024**

Tevet 5784 - Shevat 5784



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# CONGREGATION BETH ISRAEL'S *Newsletter*



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Congregation Beth Israel

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Congregation Beth Israel

A spiritual oasis for the Jewish community!

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# Lach L'cha!

By Rabbi Howard Mandell

Continued on Page 3



In writing my *Lach Lecha* CBI newsletter column, each December, I strive to come up with a helpful thought, a bit of wisdom, which might help us better navigate the coming year.

Looking back over the past year, I do not believe that I am being unfairly negative or unduly critical when I say that 2023 was an unusually challenging one in many ways. Internationally, we experienced the ongoing war in Ukraine; domestically, the continuing attacks on democracy and civility, and as Jews, the October 7<sup>th</sup> massacre, the Israeli/Hamas war, and the resulting sharp spike in Antisemitism in our country, especially on our college campuses.

It appears, unfortunately, that many of these challenges remain unresolved and are thus going to accompany us into the year 2024. One important way for us to keep our grounding, not despair, and maintain hope, despite all these challenges, serves as the theme of my column this month.

With our coming from a religious tradition that likes to use stories and *midrash* to teach important life lessons, I am now going to share several personal stories to hopefully make more clear the lesson that I hope to teach in my column this month.

1<sup>st</sup> Story. As a child, assuming I had satisfactorily completed my chores, kept up my grades, and not gotten into too much trouble during the prior week, I could look forward, each Sunday, to receiving my weekly allowance from my parents. The first thing that I would typically do with my allowance would be to walk excitedly to the local “mom and pop” pharmacy/drug store in our neighborhood and buy several packs of baseball cards. I would spend a good chunk of my hard-earned allowance week after week, all year long, knowing full well that most of the cards in a pack were of relatively nondescript players, players whose cards would be immediately consigned, when I arrived home, to my “schmata” baseball card pile.

Why, then, you might ask, did I, as a 6, 7, and 8 year-old, spend so much of my hard-earned allowance each week buying packs of baseball cards? Yes, there was the one large, thin, square piece of gum that came in every pack, but this piece of gum so quickly lost its sweet taste that I would immediately put it in a paper towel, when I got home, and deep six it; and, yes, there were those rare occasions, when I would be able to take advantage of a less experienced card collector and convince him to part with one of his “star” player cards for perhaps 10 of the cards from my “schmata” pile.

No, the main reason that I spent so much of my hard-earned allowance each week buying baseball cards was that every once-in-a-while there would be the card of a really great player, a player like Warren Spahn or Sandy Koufax. I would be equally, if not even more, excited, if I came upon the card of a starting player on my (then) beloved Red Sox, a player like Jimmy Piersall and Mel Parnell. These cards, unlike those cards relegated to the “schmata” file, were more valuable than gold to me, with each being placed for protection in its own plastic holder, which holders I would then clip into a large 3 ring binder I had purchased with my allowance money.

2<sup>nd</sup> Story. I gave up collecting baseball cards a long time ago, but I have found other ways, as an adult, to derive joy and satisfaction by looking for and every-once-in-a-while finding a “diamond in the rough.” One of my “go to” sections of the New York Times is the “Metropolitan Diary Section.” This section contains personal stories and anecdotes submitted by readers of the Times describing a particular experience they have had in “The Big Apple.”

Continued on Page 3

# Lach L'cha!

By Rabbi Howard Mandell

Continued on Page 3



In the same way that I derived great joy, as a child, finding that one card in every pack or two of a star and/or Red Sox player, I derive a similar joy, today, when I find that one vignette, of the 5 or 6 short stories appearing in each “Metropolitan Diary,” that touches my heart or perhaps causes me break out in a big guffaw.

The following story appeared, for example, in a recent “Metropolitan Diary” Section. The person submitting the story makes his living operating a popular whale watching cruise, each evening in the summer, out of Sheepshead Bay. He writes that one of his closest friends, Buddy, died recently, and with Buddy having asked him to spread his ashes over Sheepshead Bay, the writer decides to honor his friend by canceling one of his evening cruises and, instead, holding a private memorial service for Buddy on his boat.

The writer says that he was thus extremely pleased, when a goodly number of Buddy’s family and friends boarded the boat, on a beautiful summer evening, to offer their last goodbye. Among the passengers was a woman, the writer notes, who sat by herself, with a serious look on her face. The memorial service was marked with funny stories about Buddy, a few tears being shed, and Buddy’s ashes being spread over the Bay. When the boat returned to the dock in Brooklyn, as each person disembarked, the writer/captain thanked the person for making the evening so special. When he thanked the woman, who had been sitting by herself, and whom he had not met before, she responded, “Honestly, Captain, I’ve got to tell you, this was the worst whale watch cruise I have ever been on!”

The message that I hope these stories convey is a simple, but profound one, as we welcome in the secular new year, this message being, that despite whatever serious challenges may exist, we Jews have always made it a point to seek out the good and the positive in our lives and in the world and then to have gratitude for whatever these gifts and blessings may be.

I close with a third personal anecdote hopefully conveying this same message. As some of you may know, I have been struggling the past several weeks with a painful case of sciatica, necessitating my having to greatly limit my activities. With my not being the greatest of patients—the Hebrew word for “patient” comes from a root meaning “to suffer” — and with all that has been going on in our country and in the world, I was feeling more than a little down this past week. All of a sudden, the phone rang, and based on the way that I was feeling, I was not sure that I wanted to talk with anyone at that time. I decided that it might be work related, so I did answer the call.

It was my son, Charlie, and his wife, Marissa, facetimeing me. Isaac had just taken his first steps on his own, and they wanted me to see him in action. Suddenly, a feeling of joy replaced the sciatica pain that I have been feeling, and the events of the world that have been waying me down suddenly became much less important!

May the secular new year, 2024, be a year of good health for all of us, and may we feel gratitude for the gifts and blessings in our lives!

Rabbi Howard Mandell

# MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

*By Caren Jacobson*

The war in Israel with Hamas has been raging for nearly 3 months. It is a fierce war with loss and tragedy omnipresent. As Jews living in America, on soil more than 5,000 miles away from Israel, many of our hearts and souls are united in the struggle, trying to find ways to support their existential crisis. We recognize the profound loss of security the Israelis feel living in their land. We try to understand the pain they must be enduring, while we live in the comfort of our homes. As the toll of lost lives rise in Gaza we try to grapple with this loss through our Jewish lens, which teaches us to protect a life at all costs except in self-defense. We see on the TV, these ordinary Gazans crying and grieving over the loss of loved ones as they grope the body bags of their deceased. I know these images and thoughts are constantly ruminating within me leaving me feeling sorrowful, angry along with some guilt. I am constantly feeling and thinking of my Jewish roots and identity.

Just as we, in America, are contemplating our Jewish identity, perhaps more intensely the Israelis are contemplating their identity. In the New York Times this week, there was an article entitled, “Oct 7 Is Forcing Israelis to Rethink their Identities as a People and a Nation”. It quotes an Israeli author, Dorit Rabinyan, and her thoughts of identity, “It felt like 75 years of sovereignty of Israeliness, had in a snap disappeared. Before Oct 7, we used to be Israelis, Now we are Jewish”. I interpret this as a statement from the secular Israelis, who had shorn their religion to create a new identity for themselves. It would be an identity of building a strong nation together and securing safety for themselves. Never again would they find themselves as victims of pogroms or anti-Semitism, but sadly this is what they faced on Oct. 7<sup>th</sup>. Now they struggle with this reality. The article also speaks of more unity in the segments of society such as the religious, Haredim, and the secular and to some extent the Arab Israeli. There has been an increase of the Haredim serving in the army about 2,000 have joined the army since Oct 7<sup>th</sup> which is about 1% of the 360,000 reservists. Typically, the Haredim shun the army but there has been more acceptance perhaps, recognizing a duty to help in protection and security of the state. The article describes, since Oct 7<sup>th</sup>, many Israelis are “struggling to even empathize with the Gazans let alone retain hope for a peaceful solution to the conflict”. The article quotes another author, Yossi Klein Halevi, who wrote a book in 2018, “Letters to My Palestinian Neighbor” where he tried to imagine a future of a shared life of Arabs and Jews. He says as an observant Jew, he prays for the Palestinians but “more from duty than from empathy”. He says, “I tried to find a space where both could live together, I don’t have the language right now, It’s emotionally unavailable to me.” This is painfully sad to lose empathy, but it is totally understood since the Israelis feel sabotaged on many levels.

These are difficult times, and while we are soul searching, we each need to find ways to cope, find a thread of positivity. and beauty in this world. I believe we are fortunate to have our small, intimate CBI community, where we can share our thoughts and feelings safely in our compassionate and supportive Kehilah. In this vein, we want to wish everyone a 2024 in which we lean on each other and bolster one another as we navigate these times and move from strength to strength!

# Shabbat on the Road



**Congregation Beth Israel**

**Friday, January 12th @ 7:00pm**

**at the home of Sarah Blumenstock & Kris Girrell  
1 Meadowbrook Drive, Andover  
978-474-4755**

**Please RSVP to Janet in the office, 978-474-0540,  
office@BethIsraelMV.org  
and indicate how many are planning to attend and  
what your dairy potluck item will be.**

**Join together with family, friends & neighbors, in song and prayer,  
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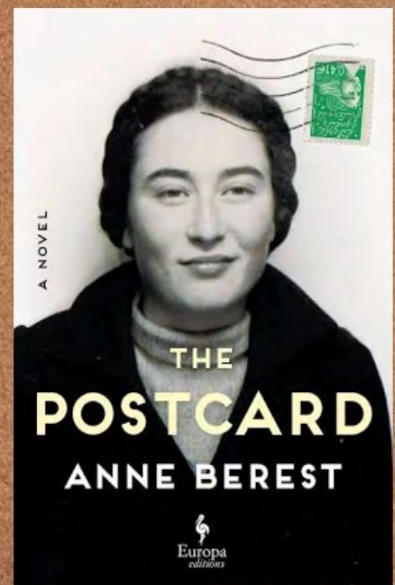
# BOOK REVIEW

Please join us for Brunch  
and Book Discussion

Sunday, January 21st @ 11:00AM

Anne Berest

“The Postcard”



Please RSVP to  
[office@bethisraelmv.org](mailto:office@bethisraelmv.org)



## KIDDUSH SPONSORS NEEDED

We have a few dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are available:

- ✧ January 13
- ✧ February 10
- ✧ February 17
- ✧ February 24

Please contact Janet at office [@bethisraelmv.org](mailto:@bethisraelmv.org) or at 978.474.0540.



## In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via [email](#). The cost is \$250 per plaque.

## CBI Cares

CBI Cares is here for you.

Please notify Barbara Moverman at

[Barbara.moverman@gmail.com](mailto:Barbara.moverman@gmail.com) or Janet at [office@bethisraelmv.org](mailto:office@bethisraelmv.org) if you know of someone could use a meal or support of any kind.

## UPCOMING EVENTS AND HOLIDAYS!

- ◆ **January 13th - Shabbat on the Road**
- ◆ **January 14th - Martin Luther King Day Celebration**
- ◆ **January 21st - Brunch & Book Review @ 11:00am**
- ◆ **January 25th - Tu BiShevat**
- ◆ **January 27th - Bat Mitzvah of Hilary Guida**

## Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, check made out to CBI, including the notation "RDF", and it will be credited accordingly.

Thank you for your generosity!

## BALLARDALE UNITED FRESH FOOD DROP-OFF

There are now refrigerators in Ballardvale so people can donate fresh food.

## BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, **January 8th** at 7:15pm for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than December 8th to Janet at 978.474.0540 or [office@BethIsraelMV.org](mailto:office@BethIsraelMV.org) and the Zoom link will be provided, along with an agenda.

The February 2024  
Bulletin deadline is  
Friday, February 26, 2024

Send your articles to  
[Newsletter@BethIsraelMV.org](mailto:Newsletter@BethIsraelMV.org) with  
"February Newsletter"  
as the subject.

## BIRTHDAYS & ANNIVERSARIES JANUARY 2023

### HAPPY BIRTHDAY

יום הולדת שמח

Tina Spector	January 4
Jeremy Finkle	January 11
Mark Kaplan	January 21
Carla Moverman	January 23
Hilary Guida	January 25



Best wishes for many more  
healthy and happy  
celebrations!





# Happy 100th Birthday, Ethel!





*Please join us in celebrating the*

**Bat Mitzvah  
of  
Hilary Guida**

**Saturday, January 27, 2024 9:30am**

**Kiddush Luncheon to follow**

**Please RSVP to Janet in the office!**



**A Warm Welcome  
to our new CBI Members:**

**Ellen Rothstein & Chris Cook**

## Join us for Kiddush Luncheon following Shabbat Morning Services!

### THANK YOU OUR DECEMBER KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
Merle & Mike Roesler	December 2	In memory of Merle's beloved mother, Blanche Schlesinger
Roberta Hantgan	December 2	In memory of her beloved mother, Ida "Hon" Sarah Hantgan
Ethel Somers	December 9	In honor of her 100th Birthday!
Janet Damelin	December 16	In memory of her beloved father, Robbie Damelin
Cindy & Burt Ochs	December 23	In memory of Burt's beloved father, Malcolm Ochs
Gary Mauser	December 30	In memory of his beloved wife, Rosalie Mauser

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones

## UPCOMING EVENTS

☆ <b>Monday, January 1, 2024</b> <b>New Year's Day</b> <b>Office Closed</b>	☆ <b>Sunday, January 21, 2024 @ 11:00am</b> <b>Book Review</b> <b>"The Postcard" by Anne Berest</b>
☆ <b>Thursday, January 4, 2024</b> <b>@ 7:00pm Minyan</b> <b>Israel/Gaza Discussion Group immediately following Minyan</b>	☆ <b>Saturday, January 20th</b> <b>Tu BiShvat Seder immediately after Shabbat Services</b>
☆ <b>Friday, January 12, 2024</b> <b>Shabbat on the Road</b>	☆ <b>Thursday, January 25th</b> <b>Tu Bishevat</b>
☆ <b>Sunday, January 14, 2024</b> <b>Martin Luther King Day Celebration</b>	☆ <b>Saturday, January 27th @ 9:30am</b> <b>Bat Mitzvah of Hilary Guida</b>
☆ <b>Thursday, January 18, 2024 @ 7:00pm</b> <b>Minyan</b>	☆ <b>Friday, February 23rd</b> <b>Shabbat Chai</b>

# Kind & Generous Donations

## TEMPLE FUND

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Susan Zalman	CBI	For hosting us when in Massachusetts
Ellen & Rich Maltzman	Ethel Somers	In honor of Ethel's 100th birthday!
Robin & Michael Rose	Ethel Somers	In honor of Ethel's 100th birthday!
Susan & Gerald Rund Berns	Ida & Charles Marget	In memory of their beloved daughter, Marcia
Melvin Cutler	Jerry Golner	Holiday Season Charitable Gift
Sheila Byers	Ida & Charles Marget	In memory of their beloved daughter, Marcia Berns
Sheila Byers	Carol Snyder	In memory of her beloved husband, Jason
Leslie & David Silverstein	Ethel Somers	Mazel Tov on your 100 <sup>th</sup> birthday!
Leslie & David Silverstein	Bashert	Thank you for continuing to lead such beautiful and joyous Shabbat Chai Services
Debby & Alan Friedman	Ethel Somers	In honor of her 100th birthday!
Ellen Macklin	Simoes & Eisenberg Families	In memory of their beloved daughter, sister, and granddaughter, Grace Patricia Simoes
Ellen Macklin	Dr. Esther Loewengart	In memory of her beloved husband, Raja

## RABBI'S DISCRETIONARY FUND

### FROM

### TO

### OCCASION

Burt & Cindy Ochs	Rabbi Mandell	Than you for all your support.
Terry Fetters	Rabbi Mandell	In appreciation.

## TEMPLE BETH EL CEMETERY

### FROM

### OCCASION

Jim Herscott

## Yahrzeit Donations

### Mourner

Jerold Golner

Janet Damelin

Phyllis Berkowitz

Carole Siegal

Stephany & Sheldon Karp

Ellen Brody

Ellen Brody

Myrna Weisman

Myrna Weisman

Ruth Curran

Zoila & Lawrence Feldman

Ellen Macklin

Alan Friedman

Alan Friedman

Herbert & Susan Zarkin

Natalie Greenblatt

### DePARTED

Burton Golner, Brother

Robert Damelin, Father

Sidney Kutel, Father

Ruth Siegal, Mother-in-law

Lottie Karp, Mother

Abraham Fox, Grandfather

Sophie Lurie, Grandmother'

Rose Weisman, Mother-in-law

Betty Kleinbart, Mother

Minnie Levine, Mother

Harry Cohen, Grandfather

Lester Macklin, Husband

Miriam Friedman, Mother

Nathan Friedman, Father

Herbert Zarkin, Father

Gertrude Greenblatt, Mother-in-law

6 month old Graham, grandson of Leslie & David Silverstein, showing off his fashionable threads!



### **CBI Supports the People of Ukraine:**

#### **Please contribute to HIAS's efforts to provide relief to displaced Ukrainians!**

The Social Action Committee has created a fundraiser to support HIAS's work to provide relief in Ukraine. We have already made \$200 in donations, and hope to raise an additional \$550 for a total of \$750.

According to HIAS's website:

The UN Refugee Agency reports that more than 5 million refugees have fled Ukraine to Europe since the war began, making it the fastest-moving refugee crisis in Europe since the end of WWII. UNHCR says there are more than 6 million internally displaced people in Ukraine and around 15 million people have been affected in the areas hardest hit by the war within Ukraine and are in need of humanitarian and protection assistance.

HIAS' long-time partner on the ground in Ukraine, [Right to Protection \(R2P\)](#), continues to aid refugees and displaced persons. HIAS has sent emergency funding to R2P, an independent NGO, to assist their response. R2P specialists are providing legal assistance; operating a hotline to provide information about services, evacuation, and refugee status; conducting protection monitoring at checkpoints and monitoring visits to those who have not left their home; and also distributing food and supplies.

You can support these efforts by making a gift online at: [www.act.hias.org](http://www.act.hias.org) or by mailing a check to:

HIAS  
PO Box 97077  
Washington, DC 20090-7077

If you'd like the Social Action Committee to count your gift toward our goal, please let Susannah Abbott know at [zaninando-ver@gmail.com](mailto:zaninando-ver@gmail.com). Thank you for supporting this important work!

The Social Action Committee

**The following names will be read, and people remembered at *Yahrzeit*, on Shabbat Morning**

<p><b>January 6 - 12</b> <b>25 Tevet - 2 Shevat</b></p>	<p><b>January 13 - 19</b> <b>3 - 9 Shevat</b></p>	<p><b>January 20 - 26</b> <b>10 - 16 Shevat</b></p>	<p><b>January 27 - February 2</b> <b>17 - 23 Shevat</b></p>
<p>Joseph M. Albertson Benjamin Bennoun Nancy Berman Henry Blume Martha Brodsky Rose Cooperstein Israel Cussell Jenny Faigel Rebecca Finkelstein David Martin Gass Jacob Gerson Nathan Gofman Ray S. Greenberg Jack A. Greenberg Sandra Bernice Hershfield Milton Issenberg Pauline Kaplan Klara Koffman Frieda Korobkin Judith Kroll Ancel Land Sarah Landy Isadore Leventhal Ruben Needle Charles Richards Tillie Robinson Julius Rubin Irving Saginor Yetta Schwartz Fannie B. Shapiro Lea Shiffman Ruth Greenstein Spill Abraham Isaac Stern Morris Stowsky Shirlye Sherrard Wald Saul White Phyllis Yaffa</p>	<p>Irving Altshuler Harry Bass Barry Berke Samuel Berman Steven D. Bernstein Jennie Brand Irving Bronsky Sarah Cohen Simon Delinsky David Fiegleman Sheldon E. Goodman Sydney Greenberg Lillian Hamburger Elaine R. Kaplan Fannie Lebowitz Lillian Lebowitz Harvey Mitchell Baile Orenstein Mufalda Palombi Mary Piltch Sarah Posternak M. Harry Rosenblatt Bertha Rostler Ann Sadagursky Rubin Sherman Nancy Ellen Siegel Harold Silver Deborah Slosberg Moses Snyder Max J. Solomon Millie Stein Harry Steinberg Gladys Weinberg Jason I. Weisman Leonard Williamson</p>	<p>Abraham Barmak Sarah Bick Dr. David Brooks Polly Byers John Carande Virginia Wernick Ciapciak Annie Cussell George Feldman Fred S. Gerber Sarah Gilboard Sarah Glasky Herman Gofman David Goldberg Hannah Heifetz Fannie Hershfield Zussie Hershfield Morris Jacobson Annie Kalinsky Gertrude Kaplan Abe Leventhal Chaina Ostropolsky Max Poppel Sarah Schneiderman Norman Schwartz Louis Shuman Doris Ungerleider Edward Venner David Michael Wolfson</p>	<p>Anne Adams Sheila Bain Gertrude Berenson Samuel Bernstein Isaac Bernstein Leonard Bick Max D. Bier Louis Brams Lena Brodsky David Louis Bronstein Anne Cohen Alex Dendy Steven Alan Fishbein Chaim Fried Kaden Garnick Ida Garnick Abraham Gedansky Saidee Goldberg Morris Norman Gould Harry Herscot Arthur Kallman Louis King Fannie Klaiman Nathan Klaiman Leonard Kosoff H. Labinsky Clifford Lang Theodore P. Levine Leonard C. Mandell Abraham Neyman Harry Piltch Barnett Rappaport Albert M. Rick Anna Gardner Ritter Gittel Rosenberg Rebecca Rosenbloom Lillian I. Rosenthal Eleanor Rubin Maurice L. Silverman John Silverwatch Kolman Sobil S. Leo Stern Leo Stern Sarah Traub Esther Zeller</p>

## COMMUNITY NOTICES

רפואה שלימה ~ Refuah Shelamah

Ethel Somers

תודה רבה ~ Todah Rabah, Thank You

Rabbi Mandell, Ellen & Jon Brody, Barbara & Bob Moverman, Caren Jacobson and Blair Roberts, Susannah & Rob Abbott, and Suzanne Kane for volunteering at Lazarus House on Christmas.

Caren Jacobson and Blair Roberts for hosting the Chanukah Party.

Bashert for their wonderful music at Shabbat Chai/Ethel's 100th Birthday Celebration.

Jon Brody, Burt Ochs, and Rick Pike for purchasing and setting up the new office laptop .

Burt & Cindy Ochs for donating monitors and other IT equipment.

## THURSDAY NIGHT MINYAN

**Regularly scheduled on the 1st & 3rd  
Thursdays of each month**

**Thursday, January 4 & 18 @ 7:00pm**

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Wednesday before by clicking here:

[office@bethisraelmv.org](mailto:office@bethisraelmv.org) and we will email you the Zoom link.



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## CBI's TREE OF LIFE


**It is a Tree of Life  
to those who hold fast to it!**

Many special occasions in the lives of the members of our Congregation are recorded on the leaves of the Tree of Life in the Sanctuary. There is room for more!

To honor the special people and milestones in your life, please consider having a leaf engraved with a personalized sentiment.

We now also have rocks available for engraving which will 'strengthen' the base of the tree.

For more information on how you can preserve your memories, please contact Janet at 978.474.0540, or [office@bethisraelmv.org](mailto:office@bethisraelmv.org)




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For a contribution of \$18 (same price as online at the JNF website), you can request a **personalized** JNF Trees for Israel certificate be sent to the recipient of your choice, for any occasion!

What a meaningful way to honor, memorialize and celebrate friends and loved ones at birthdays, anniversaries, accomplishments, b'nei mitzvah, weddings, births, healing, get well wishes, and more!

Please call or [email](mailto:amy@jnf.org) Amy in the office for more information and to order your certificates today!

To learn more about the work of Jewish National Fund, visit their website, [www.jnf.org](http://www.jnf.org).





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## EXECUTIVE BOARD

<b>President</b>	Jeffrey Tye
<b>Vice President, Programming</b>	Caren Jacobson
<b>Vice President, Finance</b>	Jonathan Brody
<b>Clerk</b>	Sarah Blumenstock

### **Rabbi Howard Mandell**

Rabbi Mandell is available by calling the Synagogue or via email, [RabbiMandell@BethIsraelMV.org](mailto:RabbiMandell@BethIsraelMV.org)

### **Synagogue Office Hours**

9:00 am - 5:00 pm  
Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

Phone: 978.474.0540

Fax: 978.474.1915

[office@BethIsraelMV.org](mailto:office@BethIsraelMV.org)

## DIRECTORS

Hilary Guida	Judith Mizner
Bob Moverman	Burt Ochs
Philip Onigman	Bill Shek
Robin Rose, Past President	Elaine Winic

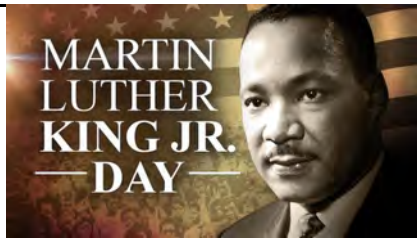
## PAST PRESIDENTS

Howard Flagler	Tanya Gould
Jim Shanker	Howard Spector

## CBI Email Addresses

### STAFF / LEADERSHIP / COMMITTEES

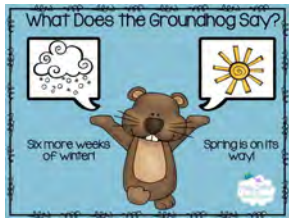
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 Newsletter, Janet Damelin = [newsletter@BethIsraelMV.org](mailto:newsletter@BethIsraelMV.org)  
 Social Action / Chesed, Susannah Abbott & Amy Friedman Lee = [SocialAction@BethIsraelMV.org](mailto:SocialAction@BethIsraelMV.org)  
 Webmaster, Rick Pike = [webmaster@BethIsraelMV.org](mailto:webmaster@BethIsraelMV.org)  
 Website, Robin Rose = [rmrose6016@verizon.net](mailto:rmrose6016@verizon.net)



# January 2024

Tevet - Shevat 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 20 Tevet HAPPY NEW YEAR! Office Closed	2 21 Tevet Mah Jongg @ 7:00pm	3 22 Tevet	4 23 Tevet Minyan @ 7:00PM Israel/Gaza Support Group following Minyan (in-person)	5 24 Tevet 4:07pm Candle Lighting	6 25 Tevet Shabbat Services @ 9:30am Parashat Shemos Shabbat Mevorchim Chodesh Shevat Havdalah @ 5:13pm
7 26 Tevet	8 27 Tevet Board Meeting @ 7:15pm	9 28 Tevet Mah Jongg @ 7:00pm	10 29 Tevet Rosh Chodesh Shevat	11 1 Shevat	12 2 Shevat 4:14pm Candle Lighting SHABBAT ON THE ROAD @ SARAH & KRIS'	13 3 Shevat Shabbat Services @ 9:30am Parashat Vaera Havdalah @ 5:20pm
14 4 Shevat Martin Luther King Celebration at the Andover Baptist Church	15 5 Shevat Martin Luther King Day Office Closed	16 6 Shevat Mah Jongg @ 7:00pm	17 7 Shevat	18 8 Shevat Minyan @ 7:00PM	19 9 Shevat 4:22pm Candle Lighting	20 10 Shevat Shabbat Services @ 9:30am Parashat Bo Tu B'Shvat Seder following services Havdalah @ 5:27pm
21 11 Shevat Brunch & Book Review @ 11:00am	22 12 Shevat	23 13 Shevat Mah Jongg @ 7:00pm	24 14 Shevat	25 15 Shevat TU B'SHVAT	26 16 Shevat 4:31pm Candle Lighting	27 17 Shevat Hilary Guida's Bat Mitzvah Shabbat Services @ 9:30am Parashat Beshalach Shabbat Shirah Havdalah @ 5:36pm
28 18 Shevat	29 19 Shevat	30 20 Shevat Mah Jongg @ 7:00pm	31 21 Shevat			



# February 2024

## Shevat - Adar I 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 22 Shevat Minyan @ 7:00PM	2 23 Shevat Groundhog Day 4:40pm Candle Lighting	3 24 Shevat Shabbat Services @ 9:30am Parashat Yisro Shabbat Mevorchim Chodesh Adar I Havdalah @ 5:44pm
4 25 Shevat	5 26 Shevat	6 27 Shevat Mah Jongg @ 7:00pm	7 28 Shevat	8 29 Shevat	9 30 Shevat 4:50pm Candle Lighting	10 1 Adar I Shabbat Services @ 9:30am Parashat Mishpatim Rosh Chodesh Adar I Havdalah @ 5:53pm
11 2 Adar I	12 3 Adar I Board Meeting @ 7:15pm	13 4 Adar I Mah Jongg @ 7:00pm	14 5 Adar I <b>VALENTINE'S DAY</b>	15 6 Adar I Minyan @ 7:00PM	16 7 Adar I 4:59pm Candle Lighting	17 8 Adar I Shabbat Services @ 9:30am Parashat Terumah Havdalah @ 6:01pm
18 9 Adar I	19 10 Adar I	20 11 Adar I Mah Jongg @ 7:00pm	21 12 Adar I	22 13 Adar I	23 14 Adar I Shabbat Chai Purim Hoton 5:08pm Candle Lighting	24 15 Adar I Shabbat Services @ 9:30am Parashat Tetzaveh Shushan Purim Koton Havdalah @ 6:10pm
25 16 Adar I	26 17 Adar I	27 18 Adar I Mah Jongg @ 7:00pm	28 19 Adar I	29 20 Adar I		