

May 2023

Iyyar - Sivan 5783



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CONGREGATION BETH ISRAEL'S *Newsletter*



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Congregation Beth Israel

**Where the old is made new,
and the new, holy.**

Congregation Beth Israel

A spiritual oasis for the Jewish community!

Moving? Email change? Please inform us of your new address.

Lach L'cha!

By Rabbi Howard Mandell



We Jews across the world have recently commemorated 3 major Israeli holidays: 2 of which are more solemn in nature, *Yom HaShoah*, honoring those, who lost their lives during the Holocaust, and *Yom HaZikaron*, honoring those Israelis, who have lost their lives in service to the State of Israel, in terrorist attacks, etc. The third holiday is a far more joyous one, *Yom Ha'Atzmaut*, this year celebrating Israel's 75th anniversary. Even this holiday, typically a time, when all Israelis come together joyfully to sing, "Kulanu Am Ehad, "We are all one people," had, this year, a tinge of sadness and discord with some of those opposing the current policies of the Netanyahu administration boycotting and demonstrating at the celebratory events held throughout the State of Israel.

With the myriad tragedies and existential threats that the State of Israel, that Jews for centuries throughout the world, have experienced, I sometimes ask myself, "What has enabled the State of Israel, the Jewish People, to not only have survived but to do well? As is the case with any question asked to a Jewish audience, there is going to be more than one answer.

The answer that I would like to offer in my column today is reflected in Israel's rather unique national anthem, *HaTikvah*, "The Hope," which anthem, rather than being written in an upbeat major key, about its country's accomplishments, is written in a minor key with the words to which, originally written by Naftali Herz Imber, almost 70 years before the founding of the State of Israel in 1948, reflecting the hope that one day the Jewish People will be able to return to the homeland of King David.

This never-ending hope on the part of the Jewish people is, I believe, powerfully borne out in the following story from my own life. I was taking a sabbatical from the practice of law and was living, at the time, in Jerusalem. I had taken a class from a professor at Tel Aviv University on "The Holocaust," and I had the good fortune to become friends with Paul. He mentioned to me, over lunch one day, that, while he had been to Poland several times leading tours of Israeli Jews, he wanted to return again to see if Poland had changed, since the fall of the Soviet Union. Wanting to experience first-hand what remained of the *machanot ha'rekuz*, the "killing/extermiation" camps," in Poland, I asked him, if he would be open to traveling there with me before I returned to the United States—I had just accepted the position of City Attorney of Montgomery, AL. To my pleasant surprise, he said "yes."

We flew to Warsaw in the early part of 2000 and spent the first several days in Poland visiting several of the "killing camps". I do not believe that I had ever felt so sad, so despondent, with so little faith in the human condition, as I did upon our leaving the last camp that we visited, Birkenau. What we saw and experienced is still indelibly imprinted on my mind despite the memory losses that otherwise come with age.

On our drive back to Warsaw, I asked my friend what he had scheduled for us for our last 3 days in Poland. He smiled and said, "it is going to be a surprise for both of us, since this will also be my first time going there." We rented a car the following morning and drove a considerable distance before turning off the main highway. We soon came upon a large circular wall at the end of a cul-de-sac—a wall, which reminded me of a miniature version of Herod's wall, which encircles the Old City of Jerusalem. There was a uniformed man guarding the entrance, there was no sign identifying what was located behind the wall. The guard asked us for our names, looked at a list he had with him, and proceeded to open the entrance gate.

We entered a large courtyard with an impressive 3 story building to the right. Adjacent to the entrance of the building was a sign, "The Lauder-Morasha School." Suffice to say, the next several days were among the most powerful and hope-filled that I have ever experienced. Before Hitler and the Nazis invaded and

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Lach L'cha!

By Rabbi Howard Mandell



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conquered Poland, there were close to 3 million Jewish people living in Poland and hundreds of Jewish Day Schools and synagogues. At the end of WW2, there were no active synagogues or Jewish Day Schools in the country.

The Lauder-Morasha (meaning “Tradition” or “Legacy”) School had recently been funded by Ron Lauder, who had, in addition, brought from the United States a young married couple, the wife to help begin the first Jewish day school in Poland in over 50 years, and the husband to help re-establish the Jewish Museum in Warsaw that had been destroyed by the Nazis and to start the first non-Orthodox synagogue in Warsaw. The School had begun just two years before we visited with just a small number of students, most of whom were not Jewish, but whose parents knew that they would get a quality education at a Jewish school.

By the time we visited, the number of students had multiplied several times with the majority of students then being Jewish. What the headmistress informed us was that, as word got around the Warsaw community that there was now a Jewish day school, and that there would be free transportation to pick up and drop off their children, parents, who in the past had had no reason to risk disclosing that they were Jewish, now felt that it was worth doing so. Paul and I spent the next 2 days talking with teachers, parents, and students and gradually healing for the pain and loss felt after visiting the camps.

As we were preparing to leave—we had a flight back to Israel the following day—we asked the headmistress, if there were anything that we could do to express our gratitude and appreciation, not only for the time that she had spent with us, but for the hope for the future that the School had given to both of us. She said, “yes, there is,” that while Mr Lauder provided kosher food to the school—there were no kosher markets or stores in Warsaw at the time—he was unable to provide, for some reason, any kosher cheese. We assured her that we would see what we could do to help. When we returned to Israel, we immediately purchased and sent to the School a goodly amount of kosher cheese, which I continued to do for a number of years even after I returned to the States.

In speaking about hope, Rabbi Jonathan Sachs, z.l., makes clear, in his book, “To Heal a Fractured World,” that:

“[H]ope is not the same thing as optimism. “Optimism is the belief that the world is changing for the better; hope is the belief that, together, we can make the world better. Optimism is a passive virtue, hope an active one. It needs no courage to be an optimist, but it takes a great deal of courage to hope. The Hebrew Bible is not an optimistic book. It is, however, one of the great literatures of hope.”

While we may not have the wealth of Ron Lauder, or the freedom to pick up and move to Poland like the young couple, we all have the opportunity, in our unique way, utilizing the skills, talents, and funds with which we have been blessed, to support and strengthen our synagogue, our religion, and our community, Jewish and non-Jewish!

Wishing your loved ones and you a safe, enjoyable and hope-filled summer!

Peace!
Rabbi Howard Mandell

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

BY JEFF TYE

Have you ever played the “game “of Jewish Geography? In my experience, often within 5-10 connections, you find a connection to a “long lost relative or friend”. Have you ever thought about doing something further with this newfound information? Maybe, you might make it a point to call this new connection or write a letter or email them. Who knows? You might even “gain” a new family member or friend that may be able to help you find new threads to your own historical tapestry.

Recently, I came across a January 2001 edition of “New Voices, The National Jewish Student Magazine.” I must have saved it because of several intriguing articles in it including especially one called “Is Being Jewish All in the Genes?” In my mind, it helps explain why “Jewish Geography” may often be successful. It refers to a study by Dr. M. Hammer and H. Ostrer published in the 6/6/2000 issue of National Academy of Sciences indicating a high genetic correlation among Jews from all over the world. *“In other words, an Ashkenazi Jew from Russia was likely to be more genetically similar to a Syrian Jew than to an ethnic Russian. In addition, Jews were very genetically similar to non-Jewish Syrians, Palestinians, and Lebanese indicating that nearly every Jewish population can trace its roots back to the Middle East.”* The connection was even more genetically strong among Cohanim (descendants from the priestly class of the Torah). This genetic affinity over roughly 4000 years is “rather exciting and gives genetic validity to the historical record (per Ostrer).

Further studies have since been done affirming or disputing these findings in various degrees, with both positive and negative implications in multiple fields. (Think about current medical research [Tay-Sachs prevention] vs. the views that developed in Nazi Germany regarding Jews [inferior race that needed to be destroyed].) Along the journey, there have also been individuals and pockets of populations that have joined the “Tribe” by choice and are considered as being fully Jewish, “dissenting genes or not.” In Israel today, the homeland of the Jewish People, this question of who is a Jew is a very prominent and contemporary topic leading to significant and potentially far-reaching outcomes.

Lawrence Schiffman (the chair of the dept. of Hebrew and Judaic Studies at N.Y. University at the time this article was published) sees this research in a mostly positive light. “The advantage of these studies is to make clear to Jews the extent to which the spiritual, educational, and identity heritage of the Jewish People has been carried through familial relationship for so long. They support the notion of there being a continuous, intergenerational relationship that is simultaneously religious, cultural, ethnic and genealogical/familial.

In this month’s book review (scheduled for **May 4 at 7:30**) after the minyan) as recommended by our stellar Program Committee, the discussion will focus on “The Letters Project” by Eleanor Reissa. It is her story of her personal journey to discover more deeply her own family roots that became very entangled and strangled by the Holocaust. I, for one, am looking forward to this discussion, as I have already heard 2-3 different viewpoints expressed about this particular book. At some point, I may decide to take a deeper dive into my only family history.

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MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

BY JEFF TYE

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In addition to the Book Review, CBI is also sponsoring a Red Cross Blood Drive (at CBI) on May 3. (You sign up on the RED CROSS website. Your donation may help save someone's life!) Our new Mah-Jongg group has started meeting once a week. (Contact Janet in the office for more info.) The next Shabbat on the Road is scheduled for May 12. On May 30th, we'll join the Boston Red Sox as they celebrate **Jewish Heritage Month**. Also, save **June 22** (Thursday evening) for **CBI's Annual Meeting**. Check the weekly notices for more details on all of the above or getting involved with specific programs or committees. Please consider joining us for a Shabbat morning service (9:30 am start) and/or our twice -a - month Thursday evening minyan. Don't forget about Erev Shavuot on Thurs. night, May 25 with a special Tikkun Leil Shavuot program. Service times for Shavuot will be listed soon.

What does all the above mean? In order to continue to be a "Jewish People", we have to pass on to the next generation more than just genes. Passing our own individual, family, and community stories on to the next generation is a good start. (If able to do so, think about asking parents and other relatives what they know about these stories, while you still can!) Think about the values, ideas, history and Jewish culture we share and how we interact "Jewishly" with others in our own circles and in the wider community(ies). Let's help the next generation continue this special journey and learn what's really in our DNA!

L'Dor VaDor and L'Hitraot for now.....



Shavuot begins at sundown on Thursday, May 25th through May 27th.

Thursday night candle lighting is at 7:51pm.

Join us for a Special Tikun Leil Shavuot Program on Thursday evening.

Join us for Yizkor during Shabbat Services on Saturday,

May 27th beginning at 9:30am.



Come join us and the Boston Red Sox for the
Jewish Heritage Celebration on May 30th!

WE ONLY HAVE 2 TICKETS LEFT!

at the incredible discounted rate of \$54 each.

Seats are located in Infield Grandstand

Section 21, Rows 15 & 16
(right behind Home Plate)

Please send your check made out to
CBI and indicate how many tickets you need.

Tickets will be emailed to you prior to the game.

If you would like to carpool, please let Janet
know.

Rabbi Mandell recently had the opportunity to visit his newest grandson, Isaac (and of course, his son and daughter-in-law, too).



BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, **May 8th** at 7:15pm for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than May 4th to Janet at 978.474.0540 or office@BethIsraelMV.org and the Zoom link will be provided, along with an agenda.

The June/July 2023
Bulletin deadline is
Friday, May 26, 2023

Send your articles to
Newsletter@BethIsraelMV.org with
"June/July Newsletter" as the subject.

BIRTHDAYS & ANNIVERSARIES MAY 2023

HAPPY BIRTHDAY

יום הולדת שמח

Barbara Brody	May	2
Stephen Ochs	May	7
Barbara Garnick	May	9
Jordan Tye	May	9
Robin Insuik	May	10
Thelma Kaplan	May	12
Jonathan Abbott	May	19
Julie Rose	May	19
Sarah Blumenstock	May	21
Leslie Silverstein	May	25
Gayle Tye	May	25
Brett Silverstein	May	27
Mike Roesler	May	30



HAPPY ANNIVERSARY

יום נישואין שמח

Robin & Mike Rose	May	19
Michelle & Larry Soll	May	30

Best wishes for many more
healthy and happy
celebrations!



Save the Date

CONGREGATION BETH ISRAEL
OF THE MERRIMACK VALLEY
ANNUAL MEETING

JUNE 22, 2023/3 TAMMMUZ 5783
7:00 - 8:30PM

DETAILS TO FOLLOW!

KIDDUSH SPONSORS NEEDED

We have many dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are still available:

- ☆ June 17
- ☆ June 24
- ☆ July 1
- ☆ July 8
- ☆ July 15
- ☆ July 22
- ☆ July 29

Please contact Janet at
[office @bethisraelmv.org](mailto:office@bethisraelmv.org) or at
978.474.0540.





CBI Cares

CBI Cares is here for you. Please notify Barbara Moverman at

Barbara.moverman@gmail.com OR Janet at office@bethisraelmv.org if you know of someone could use a meal or support of any kind.

We are here for you.

SECURITY COMMITTEE

We are looking for people to join our Security Committee. If you would be interested in helping keep our synagogue safer, please contact Janet at office@bethisraelmv.org.

In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via [email](mailto:office@bethisraelmv.org). The cost is \$250 per plaque.



CBI Office Hours

The CBI office is open and Janet is in the office.
To reach the office, please call 978.474.0540 during office hours, Monday-Thursday 9:00am-4:00pm Friday 9:00am-2:00pm

THURSDAY NIGHT MINYAN

Regularly scheduled on the 1st & 3rd Thursdays of each month.

Thursday, May 4 and 18 @ 7:00pm

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a *yahrzeit* for a loved one.

Please let Janet know if you plan on attending by the Tuesday before by clicking here: office@bethisraelmv.org



Join us for Kiddush Luncheon following Shabbat Morning Services!

THANK YOU OUR APRIL KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
Jill Schoenberg	April 1	In loving memory of her mother, Dora Schoenberg
The Tye/Flagler Family	April 8	In loving memory of wife and mother, Bernice Tye
Gary Mauser	April 15	In loving memory of wife and mother, Rosalie Mauser

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones
and / or special events / holidays.

UPCOMING EVENTS

☆ Wednesday, May 3, 2023 Blood Drive	☆ Saturday, May 27, 2023 Shavuot Yizkor
☆ Thursday, May 4, 2023 Minyan @ 7:00pm Book Review “The Letters Project” by Eleanor Reissa @ 7:30pm after Minyan	☆ Tuesday, May 30, 2023 Jewish Heritage Night at the Red Sox CBI has tickets for sale @ \$54/each ONLY 2 TICKETS LEFT FOR SALE
☆ Monday, May 8, 2023 Board Meeting @ 7:15pm	☆ Friday, June 2 Shabbat Chai
☆ Friday, May 12, 2023 Shabbat on the Road	☆ Sunday, June 18, 2023 Father’s Day
☆ Sunday, May 14, 2023 Mother’s Day	☆ Monday, June 19, 2023 JUNETEENTH
☆ Thursday, May 25, 2023 Erev Shavuot Tikkun Leil Shavuot Program	☆ Thursday, June 22, 2023 ANNUAL MEETING @ 7:00PM

What are you serving for Shavuot?

Whatever the reason, the tradition of eating dairy foods on Shavuot is nearly universal among the Jewish people. All around the diaspora, there are traditional Shavuot foods that incorporate different dairy products and cheeses. Among Ashkenazi Jews, or those from eastern and northern Europe, popular dairy dishes for Shavuot include cheesecake, cheese-filled blintzes, noodle kugel made with sour cream or cottage cheese, and triangular, cheese-filled kreplach.

Cheese Blintzes Recipe

Makes 8 blintzes

Crêpes:

1 cup whole milk
4 large eggs at room temperature
1 teaspoon vanilla extract
1 cup all-purpose flour
2 Tablespoon sugar
1 teaspoon salt

Farmers Cheese Filling:

16 oz. of farmers cheese*
¼ cup sour cream or plain Greek yogurt
1 egg yolk
Pinch nutmeg
Salt and white pepper to taste
4 Tablespoons unsalted butter for cooking

Sweet Ricotta Filling:

15 oz. whole milk ricotta
1 Tablespoon sugar
Zest of one lemon
Pinch salt

Jam and/or sour cream for serving!

Note: Filled, uncooked blintzes can be frozen for up to 3 months. To freeze, spread the blintzes on a baking sheet and place in the freezer. Once frozen solid, they can be packed into a gallon-sized freezer bag for long-term storage.

1. To make the batter, whisk together the milk, eggs and vanilla extract in a large bowl. Add the flour, sugar and salt and whisk until the batter is thoroughly combined and no longer lumpy. Cover and refrigerate for at least two hours or overnight.
2. To make the crepes, heat an 8 or 10-inch nonstick crêpe pan over high heat. (You may use a nonstick skillet if you do not own a crêpe pan.) While the pan is heating, prepare four clean dishtowels or four squares of parchment paper to hold the cooked crêpes. If the crêpe batter has separated, whisk it until it is smooth and combined.
3. Once the pan is hot, turn heat down to medium. Add a scant 1/3 cup of the batter to the hot pan and immediately tilt the pan and swirl the batter until it reaches to the edges. The batter should thinly coat the bottom of the pan.
4. Cook the crêpe undisturbed for 40 seconds to 1 minute, until edges are lightly browned and release easily from pan and the center is dry. Using your fingers or a thin, flexible spatula, loosen one edge and carefully remove the crêpe to the dishtowel or parchment paper. (Do not use tongs, which may puncture or tear the delicate crêpe. If the bottoms of the crêpes are browning before the center is dry, flip them over and briefly cook the underside, then add slightly less batter to the pan going forward.)
5. Repeat until you have used all of the batter. You should have 8 crêpes. (The crêpes may be prepared up to a day ahead and refrigerated until needed.)
6. To make either filling, mix all of the ingredients together in a medium bowl and whisk until smooth.
7. To fill the blintzes, place one crêpe, cooked side down, on a clean dishtowel or board and spoon 2 to 3 tablespoons of the filling just below the center of the crepe, leaving a border on the bottom and each side. Fold the bottom layer over the filling, then fold in each side, enclosing the filling completely, and roll up like a burrito. (Filled, uncooked blintzes can be stored for up to 1 day. Place the filled crêpes seam-side down in a baking dish and refrigerate until needed.)
8. To cook the blintzes, melt 2 tablespoons butter in a 12-inch, non-stick skillet. Place four blintzes in the skillet and cook over medium heat until lightly browned, 2 to 3 minutes. Flip the blintzes and brown on other side, about 2 minutes. Repeat with the remaining blintzes, adding more butter to the skillet as necessary.
9. Serve blintzes immediately topped with jam, sour cream and fresh sliced fruit.

MAY 2023 - Iyyar - Sivan 5783

Kindle the Shabbat Candles		And Havdalah Candles	
Friday, May 5	7:31pm	Saturday, May 6	8:32pm
Friday, May 12	7:38pm	Saturday, May 13	8:40pm
Friday, May 19	7:46pm	Saturday, May 20	8:47pm
Friday, May 26	7:52pm	Saturday, May 27	8:54pm

June 2023 - Sivan - Tamuz 5783

Friday, June 2	7:58pm	Saturday, June 3	8:59pm
Friday, June 9	8:03pm	Saturday, June 10	9:04pm
Friday, June 17	8:06pm	Saturday, June 17	9:07pm
Friday, June 24	8:08pm	Saturday, June 23	9:09pm
Friday, June 30	8:90pm	Saturday, July 1	9:08pm



CBI HEALTH & SAFETY GUIDELINES

The Back to Shul Task force meets regularly to review CBI's policy regarding safe gatherings. It is recognized that the vaccinated and especially the boosted have mitigated disease if they become infected and unlikely need hospitalization. It is also recognized that individuals can have break-through infection even after booster vaccinations and can possibly infect others even if they are not symptomatic. In light of these realities, the CBI guidelines have been updated, as follows:

- We **strongly** recommend that everyone wear a mask in the Synagogue.
- Consider testing for COVID prior to coming to services to help keep each other safe.
- Remember do not attend in person if you have even mild symptoms, such as runny nose, sore throat, headache, fever, cough.
- Anyone with exposure, symptoms, or positive testing can join virtually.
- Safe distancing between individuals will be maintained.
- Ventilation, with open windows and fans operating, will continue.

TEMPLE FUND

<u>From</u>	<u>To</u>	<u>Occasion</u>
Robert Becker Caren Jacobson & Blair Roberts	Gayle Tye	Thank you for organizing a meaningful and inspiring Yom Ha Shoah Program

RABBI'S DISCRETIONARY FUND

<u>From</u>	<u>To</u>	<u>Occasion</u>
Natalie Greenblatt	Rabbi Mandell	Sale of Chametz
Howard & Melodie Teich	Rabbi Mandell	Sale of Chametz
Paul & Barbara Garnick	Rabbi Mandell	Sale of Chametz
Cynthia & Eric Kaplan	Rabbi Mandell	Sale of Chametz
Gail & Sam Poulten	Rabbi Mandell	Sale of Chametz
Barbara & Bob Moverman	Rabbi Mandell	
Robert Pann	Rabbi Mandell	In memory of beloved wife, Sylvia Pann

LESTER MACKLIN ANNUAL YOM HaSHOAH PROGRAM

<u>From</u>	<u>Occasion</u>
Ellen Macklin	Yellow Candle Program
Jill Schoenberg	Yellow Candle Program
Caren Jacobson & Blair Roberts	Yellow Candle Program
John & Amy Friedman Lee	Yellow Candle Program
Jerold Golner	Yellow Candle Program
Gary Mauser	Yellow Candle Program
Burt & Cindy Ochs	Yellow Candle Program
Edward Sloan	Yellow Candle Program
Myrna Weisman	Yellow Candle Program
Suzanne & Ron Grosz	Yellow Candle Program
Natalie Greenblatt	Yellow Candle Program
Paula & Howie Flagler	Yellow Candle Program
Alissa & Philip Onigman	Yellow Candle Program
Rebecca Fishbein & Mitch Guttentag	Yellow Candle Program
Barbara & Paul Garnick	Yellow Candle Program
Ann Margit Macklin	Yellow Candle Program
Rabbi Howard Mandell	Yellow Candle Program
Michelle & Larry Soll	Yellow Candle Program

CHILDREN OF ABRAM CEMETERY

<u>From</u>	<u>Occasion</u>
Arlene & Mark Grubert	In memory of Abraham, Rebecca, & Fannie Appleberg

CBI CARES

From

Alissa & Philip Onigman

Occasion

CBI Cares

YAHRTZEIT

Mourner

Robert & Ronnie Berman

Caren Jacobson & Blair Roberts

Fay Lebowitz

Fay Lebowitz

Erica J. Shatz-Spry

Melvin Wheeler

Amy Halpern Degan

Ethel Somers

Phyllis Berkowitz

Ellen Macklin

Les Tye

Alissa Onigman

Bonnie Heines

Natalie Greenblatt

Miriam & Ira Rosenberg

Marshall Arkin

Departed

Eunice Berman, Mother

Sherman Jacobson, Father

Tina Habelow, Mother

Harold Habelow, Father

Hanna Shatz, Mother

Mabel & Benjamin Wheeler, Parents

Doris Halpern, Mother

Leonard Somers, Husband

Sylvia Kutel, Mother

Morris Fischer, Father

Pearl Bronstein, Mother-in-law

Harold Levenstein, Father

Max Rambach, Father

Benjamin Greenblatt, Father-in-law

Rosabelle O. Rosenberg, Mother

Natalie Arkin, Mother

The following names will be read, and people remembered at *yahrzeit*, on Shabbat Morning

<p>May 6 - 12 15 - 21 Iyyar</p>	<p>May 13 - 19 22 - 28 Iyyar</p>	<p>May 20 - 26 29 Iyyar - 6 Sivan</p>	<p>May 27 - June 2 7 - 13 Sivan</p>
<p><i>Ruth Bachner</i> Peter Scott Bain Maurice Brams <i>Harold Brody</i> Ben Carity Lillian Davidson Robert Delinsky Rose Feuer Cyrus Fidler <i>Morris Fischer</i> Gertrude Fleischman Lillian Gerber Sylvia L. Gerson Ruth Glazer Fanny Hershfield Walter I. Mascott <i>Gerald Moverman</i> Rebecca Needle Harry Newman Judith Black Newman Sylvia Pann Fannie Porton George Poulten Max Rambach Reuben Rosengard Mark Rosengard Louis Shamesman Hyman Shay Jennie Silverman <i>Harry Silverstein</i> George A. Silverwatch Philip Tinter Joyce Cohen Weiner Ray Weissman</p>	<p>Robert Bacon Isaac Banks Leonard Berenson Dr. Max Bier Jordan Dale Cibley Hyman Cohen Joseph Ellis Hyman Farber Sarah Farman Israel Feferholtz Susan Nyman Folpe Willis Frank Benjamin Frank Maurice A. Gerson Samuel Goodman Ruth Wolfson Gordon <i>Dr. Max B. Green</i> Caryl Hughes Neil S. Hurwitz Harry (Florida) Kaplan Solomon (Sy) Leavitt <i>Morris Lemkin</i> George J. Levine Samuel Levine Abraham Malkiel Selma Prager Margaret Ravich Ida J. Rostler <i>Blanche Schlesinger</i> Hyman Scolnick Herman Selzer Robert Neal Silverman Abraham Smith Annie Sobil Ruth Lerner Stein Nassy Steinberg Robert Wilde Ida Wilenkin Rose Zubick</p>	<p>Irving Bernstein Charles A. Cohen Laura Cohen <i>Rose Endelman</i> Max Finkelstein Ruth "Ricki" Fishman Philip Gleckman Errol D. Goldblith <i>N. Milton Insuik</i> Frederick Kaplan Julius Kupsov Judy Kutel Henrietta Master David Hyman Muscovitz Samuel Nannis Joseph M. Penn Ruth F. Rosengard Eva Salgo Renee Schecter <i>Wilbert Serkman</i> Samuel Shainwald Dr. Richard Shuman Rose Silverman Sarah Reva Silverman Irene Slosberg Jennie Sodnowsky <i>Louis Spector</i> Melvin Steinberg Harvey Strauss Bernard Trubowitz Bessie Witznudel</p>	<p>Herbert D. Brown Jacob Cantor Irvin Chaplin <i>Stanley Dress</i> Irving Finkelstein Morris Freedman Tillie Gerstein Saul H. Glazerman Joseph Goodman <i>Lawrence Goodman</i> Harry Hymanson Max Levine Jennie Levine Ada Schwartz Judy Straser Annie Weirnick</p>



Shabbat on the Road

May 12th @ 6:30pm

LOCATION TO BE DETERMINED

KABBALAT SHABBAT SERVICES BEGIN
AT 6:30PM

FOLLOWED BY A POTLUCK
DAIRY/VEGETARIAN DINNER



Save the Date!
for the
Rabbi's
10th
Anniversary
Celebration

October 15th
1:00-5:00pm



Bashert presents

Shabbat Chai

JUNE 2 AT
7:30PM

followed by a
delicious Oneg!

Congregation Beth Israel of the Merrimack Valley



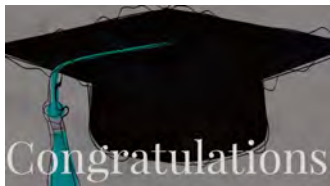
COMMUNITY NOTICES

רפואה שלמה ~ Refuah Shelamah, Get well

David Garnick, Paul Garnick's brother

תודה רבה ~ Todah Rabah, Thank You

A special Thank You to Barbara Moverman, Rick Pike, and Jon Brody for helping get the Temple ready for Passover. Rabbi Mandell and Jeff Tye for leading us in meaningful Passover services. Gayle Tye for organizing a meaningful & inspiring Yom HoShoah program.



Share Your Good News Your the CBI Family!

Happy
Birthday

Remember to share the good things happening in your family. Let the office know if someone is graduating, having a special birthday, anniversary, etc. so we can say "Mazel Tov" for these special moments in your life!

Up to

26%

**Of Each Online
Purchase Helps
Congregation
Beth Israel**

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Rabbi Mandell is available by calling the Synagogue or via email, RabbiMandell@BethIsraelMV.org

Synagogue Office Hours

9:00 am - 5:00 pm
Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

Phone: 978.474.0540

Fax: 978.474.1915

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May 2023

Iyyar - Sivan 5783

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10 Iyyar 25th Day of the Omer	2 11 Iyyar 26th Day of the Omer	3 12 Iyyar 27th Day of the Omer Red Cross Blood Drive @ CBI 2-7pm	4 13 Iyyar 28th Day of the Omer Minyan @ 7:00pm Book Revidw 7:30PM	5 14 Iyyar 29th Day of the Omer Pesach Sheni 7:31pm Candle Lighting	6 15 Iyyar 30th Day of the Omer Shabbat Services @ 9:30am Parashat Emor 8:32pm Havdalah
7 16 Iyyar 31st Day of the Omer	8 17 Iyyar 32nd Day of the Omer Board Meeting @ 7:15pm	9 18 Iyyar 33rd Day of the Omer	10 19 Iyyar 34th Day of the Omer	11 20 Iyyar 35th Day of the Omer	12 21 Iyyar 36th Day of the Omer Shabbat on the Road @ 6:30pm 7:38 Candle Lighting	13 22 Iyyar 37th Day of the Omer Shabbat Services @ 9:30am Parashat Behar-Bechutptai 8:40pm Havdalah
14 23 Iyyar 38th Day of the Omer Mother's Day 	15 24 Iyyar 39th Day of the Omer	16 25 Iyyar 40th Day of the Omer	17 26 Iyyar 41st Day of the Omer	18 27 Iyyar 42nd Day of the Omer Minyan @ 7:00pm	19 28 Iyyar 43rd Day of the Omer Yom Yerushalayim 7:46pm Candle Lighting	20 29 Iyyar 44th Day of the Omer Shabbat Services @ 9:30am Parashat Bamidbar Shabbat Mevarchim 8:47pm Havdalah
21 1 Sivan 45th Day of the Omer Rosh Chodesh Sivan	22 2 Sivan 46th Day of the Omer	23 3 Sivan 47th Day of the Omer	24 4 Sivan 48th Day of the Omer	25 5 Sivan 49th Day of the Omer Erev Shavuot Tikkun Leil Shavuot Program 7:52pm Candle Lighting	26 6 Sivan Shavuot Day 1 7:52pm Candle Lighting 	27 7 Sivan Shavuot Day 2 Shabbat Services @ 9:30am Parashat Nasso Yizkor 8:54pm Havdalah
28 8 Sivan	29 9 Sivan Memorial Day 	30 10 Sivan Red Sox Game 	31 11 Sivan			



June 2023

Sivan - Tamuz 5783

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 12 Sivan Minyan @ 7:00PM	2 13 Sivan 7:58PM Candle Lighting Shabbat Chai	3 14 Sivan Shabbat Services @ 9:30am Parashat Beha'Alotcha 8:59pm Havdalah
4 15 Sivan	5 16 Sivan	6 17 Sivan	7 18 Sivan	8 19 Sivan	9 20 Sivan 8:03pm Candle Lighting	10 21 Sivan Shabbat Services @ 9:30am Parashat Sh'lach 9:04pm Havdalah
11 22 Sivan	12 23 Sivan Board Meeting @ 7:15pm	13 24 Sivan	14 25 Sivan	15 26 Sivan Minyan @ 7:00PM	16 27 Sivan 8:06pm Candle Lighting	17 28 Sivan Shabbat Services @ 9:30am Parashat Korach Shabbat Mevarchim Chodesh Tamuz 9:07pm Havdalah
18 29 Sivan Father's Day 	19 30 Sivan Rosh Chodesh Tamuz Junteenth	20 1 Tamuz Rosh Chodesh Tamuz	21 2 Tamuz 	22 3 Tamuz Annual Meeting 	23 4 Tamuz 8:09om Candle Lighting	24 5 Tamuz Shabbat Services @ 9:30am Parashat Chukat 9:09pm Havdalah
25 6 Tamuz	26 7 Tamuz	27 8 Tamuz	28 9 Tamuz	29 10 Tamuz	30 11 Tamuz 8:08pm Candle Lighting	