AUGUST 2023

Av - Elul 5783



CONGREGATION BETH ISRAEL'S Zews letter



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Congregation Beth Israel

Where the old is made new, and the new, holy.

Congregation Beth Israel
A spiritual oasis for the Jewish community!









Moving? Email change? Please inform us of your new address.

Lach L'cha!

By Rabbi Howard Mandell



"Practice kindness all day to everybody and you will realize you're already in heaven here on earth." Jack Kerouac (born in Lowell, MA in 1922)

I recently had surgery on my right hand at Lawrence General Hospital. While the procedure is a relatively minor one—it was for what is known as "trigger finger"—and while I had an excellent hand surgeon performing the surgery, I must admit to being more than a little anxious while waiting for my "case" to be called, thinking of all the things that could go wrong, worrying about how long it might be before I would be able to resume my normal activities, etc.

While I was deep in thought, a nurse came into my cubicle with a big smile on her face. She asked me how I was doing, and I responded, somewhat perfunctorily, "fine, just a little anxious wondering when my case is going to be called." She explained that the surgeon had had 2 complicated cases before mine, which explained the delay; assured me that my anxiety was to be expected; and then asked, if it would make me feel better, she would be glad to stay and talk with me awhile?

Wanting to get out of my own head, I gladly and quickly accepted her offer. The nurse was of Asian descent, having moved to this country approximately 10 years ago. All of a sudden, a big smile appeared on her face simultaneously with a tear in her eye, as she informed me that, after years of waiting and trying, her parents were able to immigrate to the United States just this year. "I have two siblings still living in my home country, and my husband and I are doing all we can to bring them here too," she said. Hearing her moving story helped me overcome whatever anxiety I was still feeling.

When she found out that I was a rabbi and had served as a chaplain in a hospital, she asked if I would say a prayer for her family, even though she was of a different religion. I said, "of course". As I was finishing my prayer, an aide from the O.R. came to bring me to surgery. The kindness of the nurse with whom I had been talking had totally dissipated the fear that I had been experiencing, and while I can't say that I was looking forward to the surgery, I was calm and no longer anxious as I was wheeled into the operating room.

Late that afternoon, I took, with the doctor's permission, a walk around my neighborhood. All was fine, until within a quarter of a mile of my house, the previously sunny sky turned dark with black storm clouds in what seemed to be just an instant. With the doctor having told me to keep the large bandage on my hand dry for at least 48 hours, I decided to run, well, slowly jog might be a better word for a person my age, to my house.

Continued on Page 3

Lach L'cha!

By Rabbi Howard Mandell



Continued from Page 2

As I entered the front door of my house, the rain started to fall in buckets. I was initially pleased with my decision to "run" the last quarter of a mile home, when I looked down at the gauze bandage on my hand and saw that it was stained with blood. I immediately called the doctor's office, which by that time had closed for the day. I was thus referred to the practice's answering service, who told me that they would have the doctor's P.A. call me.

While waiting for the P.A. to call, I began to "beat up" on myself for overdoing it on the walk, fearing that my jogging had somehow torn the stitches and caused the bleeding. Not knowing the extent of the damage to the wound, I began to fear the worst—that I might have to again undergo surgery. My thoughts were suddenly interrupted by a phone call. It was a "Facetime" call from my son, Charlie. He began the call by asking me how I was feeling, and if I wanted to watch my grandson, Isaac, eat his dinner. Knowing in advance what my answer would be, Charlie proceeded to put Isaac into his highchair and to give him his food. His kindness in reaching out to me immediately made me feel a whole lot better, and with my attention focused solely on Isaac's big smile as he washed down his sweet potato puree with the juice of an orange, I quickly forgot about the bloody bandage.

As Isaac was finishing eating, the P.A. called. I said goodbye to Charlie and Isaac, thanking him very much for his thoughtfulness and kindness in calling.

The P.A. could not have been more gracious, apologizing for taking so long to get back with me, explaining that she was still in surgery, when she received the call from the answering service. After taking a detailed history from me, she assured me that there was nothing to be alarmed about, and that, if it would make me feel better, she would see me first thing the following day to inspect the wound and change the bandage; I thanked her and took her up on her offer.

The nurse in the surgical waiting area, my son, Charlie, the P.A., the person, who kindly drove me to and from the hospital, and the members of the CBI community, who offered me their prayers and well wishes helped give personal meaning to Jack Kerouac's quote, above, and reminded me of another quote, this one by the great American African American poet, Maya Angelou:

"I've learned that people will forget what you said; people will even forget what you did, but people will never forget how you made them feel."

As I went to sleep that night, I thought to myself, what better way for me to begin my preparation for the High Holy Day Season than by performing, each day, at least 1 or 2 random acts of kindness, and hopefully in the process, help bring heaven a little closer to the troubled world in which we live!

With Peace and Blessing!

Rabbi Howard Mandell

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

BY JON BRODY

Barbie Mania!!! – an inspiring Jewish success story

For those of you not following the arts and entertainment news, Greta Gerwig's "Barbie" raked in a stunning \$155 million domestically in its first weekend, giving the film the largest grossing box office opening weekend of 2023 and the biggest-ever debut for a female director. But did you know about Barbie's Jewish Mother. (For those of you that get Hadassah magazine and actually read it, I apologize for the repetition of the article below.)

In the July/August edition of Hadassah Magazine which I got in last week, Renee Rosen writes about the creation of the Barbie doll by one of Mattel's owners Ruth Handler thru her "Vision and Chutzpah." A very interesting story which I knew nothing about, and it goes like this.

Ruth Handler, the daughter of Polish Jewish immigrants was the creator and force behind the phenomenon that is taking the box office by storm. Her father, Jacob Mosko, after arriving at Ellis Island moved to Denver and started his own business. Ruth, inheriting her father's entrepreneurial spirit wanted to create a doll for young girls and was willing to risk the future of the toy company Mattel, which she helped create with her husband Elliot, to make it happen.

Ruth met Elliot at a B'nai B'rith dance in 1932 when they were in high school. Elliot and his friend Harold "Matt" Matson started making Lucite picture frames in their garage and Ruth began to sell them. By 1945, the three of them had formed Mattel, combining both men's names, despite Ruth being the driving source of all their sales. Matson left the company in 1946 leaving Ruth and Elliott to lead the company to what it became today.

Early on, Ruth faced an uphill battle to convince Mattel's all-male board of directors, that a doll with breasts was suitable for little girls. She got the idea for the doll in the early 1950's, after watching her children play. Kenneth (or "Ken") had the toy guns, trucks, and soldiers while her daughter Barbara (aka "Barbie") had baby dolls which she felt reinforced the idea that little girls should grow up to be housewives and mothers. The only fashion dolls at the time were paper dolls. Ruth wanted to create a doll that would empower girls to believe they could do and be anything. With that in the back of her mind, in 1956, Ruth passed by a cigar shop in Europe and noted a novelty gag doll in the window. The doll's name was Bild Lilli, and she was a prostitute based on a German adult comic strip. She bought two of the dolls. One for her daughter and one for the men at Mattel. The board once again thought that mothers would never buy a doll like that for their children.

It took three more years to create a version of Barbie after getting Mattel to agree to pursue it. She also had the task of finding a cost-effective way to manufacture the doll. The first challenge was creating the figure with rooted hair, detailed makeup, and soft plastic features and then the wardrobe which had to be designed at $1/6^{th}$ the scale of real women. Mattel first launched Barbie at the 1959 American Toy Fair in NYC and the doll was a flop. Ruth refused to give up and that June, Ruth pushed for commercials to run during "The Mickey Mouse Club" television show. With an infectious jingle, the commercial showcased the "Teenage Fashion Model" wearing her signature zebra-striped swimsuit and array of party dresses.....and Barbie took off.

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

Continued from Page 4

By the early 1960s, Mattel was flooded with fan mail for Barbie to marry Ken and have a baby. This was not the direction that Ruth wanted to go as to not reinforce that woman should only aspire for motherhood. To this day, Barbie has never worn a wedding dress and instead of a baby, in 1964, Ruth gave Barbie a kid sister, Skipper. Over the years, Barbie has pursued more than 200 careers including a nurse, astronaut, surgeon, Olympic skier, presidential candidate, and a career in the STEM industry. Despite criticism around Barbie contributing to body dysmorphia, eating disorders and low self-esteem in young girls, she is currently available in two dozen skin tones, multiple hair and eye colors, and multiple body shapes. Earlier this year Mattel released a Barbie with Down Syndrome.

The author, Renee Rosen, closes the article by connecting the amazing story of Ruth Handler to that of another Jewish woman trailblazer, Estee Lauder. Both died in 2002 at the age of 85 and both left an indelible mark on their industries.

In another inspiring Jewish success story, Sir Ben Helfgott died last week at 93. At the age of 15, after surviving three Nazi camps, he was one of 301 child survivors that were flown by the Central British Fund for German Jewry (now World Jewish Relief) in August 1945 to Britain's mountainous Lake District in the northwestern part of England. He was a Polish Jew, who was liberated in 1945 weighing a skeletal 80 pounds. His mother and one of his sisters were shot to death in a forest in 1942. His father was killed while trying to escape a death march shortly before he would have been liberated.

In 1948, the 5-foot-5 Mr. Helfgott observed weightlifters working out in a park. He was intrigued — and, displaying an obvious aptitude for the sport, he stunned one of them by lifting a 180-pound barbell over his head. He soon began training three nights a week after school. He went on to win four British weightlifting titles. In 1956, on his 27th birthday, he finished 13th in the 1956 Olympics in Melbourne, Australia and then finished 18th at the Rome Olympics in 1960 serving as the captain of the team for both events.

He retired in 1980 to focus on his charitable work. He was the longtime chairman of the '45 Aid Society, a charitable organization set up to support the original 301 children and their families. He was the honorary president of the Holocaust Memorial Day Trust, which leads the commemoration of the Holocaust in Britain every year on Jan. 27. He was also part of the group that brought a permanent Holocaust exhibition to the Imperial War Museum in London in 2021, as well as an active member of the Claims Conference, which secures compensation for Holocaust survivors.

Based on his charity work, Ben Helfgott was knighted by Queen Elizabeth II on June 8, 2018. When asked about the victims of the Holocaust, he said: 'We can't bring them back. Their memory has to stay alive, not just for them but for posterity.'

These two inspiring stories remind us that we can really do almost anything we put our mind to with hard work and effort. Both of these people were driven by their Jewish roots and the lessons that were instilled in them and yet they never forgot their Jewish heritage and lived by those Jewish values till the day they died.

As we head into the High Holidays next month, I wish you and your families a safe and healthy new year and hope that you can be inspired to be the best that you can be, while being true to your Jewish heritage and maintaining the Jewish values that are part of all of us.

Save The Date

Honoring 10 years of Spiritual Leadership

Rabbi Howard Mandell

Sunday, October 15, 2023 1:00 - 5:00 PM Salvatore's Lawerence, MA



In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via email. The cost is \$250 per plaque.



CBI Cares

CBI Cares is here for you. Please notify Barbara Moverman at

Barbara.moverman@gmail.com or Janet at office@bethisraelmv.org if you know of someone could use a meal or support of any kind.

We are here for you.

UPCOMING EVENTS AND HOLIDAYS!

- August 5th Sangria Havdalah on the Road
- August 6th Yard Sale
- September 7th Book Review
- September 9th Selichot
- September 15-17 Rosh Hashanah
- September 23rd "Prayer for the Republic" at the Huntington Theater
- September 24-25 Yom Kippur
- September 30-October 6 Sukkot
- October 1 Sukkot Party at the Brody's
- October 15th Rabbi's 10th Anniversary Celebration

SECURITY COMMITEE

We are looking for people to join our Security Committee. If you would be interested in helping keep our synagogue safer, please contact Janet at office@bethisraelmv.org.

Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, check made out to CBI, including the notation "RDF", and it will be credited accordingly.

Thank you for your generosity!

BALLARDVALE UNITED FRESH FOOD DROP-OFF

There are now refrigerators in Ballardvale so people can donate fresh food.

BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday,

August 14th at 7:15pm for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than August 9th to Janet at 978.474.0540 or

office@BethIsraelMV.org and the Zoom link will be provided, along with an agenda.

The September 2023

Bulletin deadline is

Friday, August 25, 2023

Send your articles to

Newsletter@BethIsraelMV.org with
"September Newsletter" as the
subject.

BIRTHDAYS & ANNIVERSARIES AUGUST 2023

א HAPPY BIRTHDAY יום הולדת שמח



Jennifer Dudley	August 2
Natalie Greenblatt	August 3
Sam Roberts	August 5
Mitch Guttentag	August 6
Sara Finkle	August 6
JP Lee	August 9
Steven Shainker	August 14
David Roberts	August 15
Bob Moverman	August 15
Melodie Teich	August 15
Rick Pike	August 18
Jill Schoenberg	August 20
Roberta Hantgan	August 21
Paula Flagler	August 24
Adelle Stavis	August 25

HAPPY ANNIVERSARY יום נישואין שמח

Burt & Cindy Ochs August 16

Robin/Hank Insuik/Eppich August 17

Ilana & Izzy Lopez August 31

Best wishes for many more healthy and happy celebrations!





KIDDUSH SPONSORS NEEDED

We have many dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are still available:

Please contact Janet at



Congregation Beth Israel invites you to join us on September 23, 2023 for the Huntington Theater's Production of "Prayer for the French Republic"

by Joshua Harmon (*Bad Jews, Significant Other*) Directed by Huntington Artistic Director Loretta Greco

Winner! Three 2022 Drama Desk Awards, including Outstanding Play Winner! 2022 Outer Critics Circle Award, Outstanding Off Broadway Play

The play is scheduled to go to Broadway in January 2024!

The Programming Committee would like you to purchase your own ticket.

Tickets range in price from \$30 - \$129 for the September 23rd production. Please purchase your own tickets by clicking below:

https://www.huntingtontheatre.org/whats-on/prayer-for-the-french-republic/#performance-picker

We will coordinate carpooling to the show to reduce the stress of driving into Boston and parking.

Please RSVP to <u>office@bethisraelmv.org</u> with the seat(s) that you purchase so we can let the group know so others could possibly buy seats nearby.

Join us for Kiddush Luncheon following Shabbat Morning Services!

THANK YOU OUR JUNE & JULY KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

Sponsor	Date	<u>Occasion</u>
Hilary Guida	June 3	
Robert Pann	June 10	In memory of his beloved wife, Sylvia Pann
Jim Shainker	June 10	In memory of his beloved mother, Irene Shainker
Elaine Winic	June 17	In honor of her father, Samuel's z"1 101st birthday
Gary Mauser	June 24	
Ellen Brody	July 1	In memory of her beloved father, Dr. Arthur S. Lurie
Martin Sokol	July 8	In memory of Rabbi Joseph Warren
Barbara Moverman	July 22	In memory of her beloved parents, Herbert B. & Gloria Armel
Jerry Golner	July 29	In loving memory of his sister, Isobel Regan and his beloved wife, Mimi Golner
Robin Pike	July 29	In loving memory of her father, Paul Kaplan and her beloved grandfather, Louis Stillman

Donations to the Kiddush Fund are always gratefully accepted.

UPCOMING EVENTS

★ Thursday, August 3, 2023 Minyan @ 7:00pm	⇔ Saturday, September 9, 2023 Selichot
 	❖ Saturday, September 23, 2023 Huntington Theater "Prayer for the French Republic"
 	
★ Thursday, August 17, 2023 Minyan @ 7:00pm	
★ Thursday, September 7, 2023 Book Review "The Unwanted" Hybrid	 ⇒ September 30 - October 6, 2023 Sukkot ⇒ October 1 - Sukkot Party at the Brody's

Kind & Generous Donations

TEMPLE FUND

From Alan & Debby Friedman	To Paul Garnick	Occasion In memory of his beloved brother, David Garnick		
Caren Jacobson & Blair Roberts	Ellen Brody	Happy Birthday		
Ellen Macklin	Mrs. Ralph Levine	In memory of her beloved husband, Ralph Levine		
Terry Fetters	Paul Garnick	In memory of his beloved brother, David Garnick		
Caren Jacobson & Blair Roberts	David Cores & Family	In memory of his beloved wife, Sharon Cores		
Ida & Charlie Marget	Eddie Feldman	In memory of his beloved daughter, Roberta		
Debby & Alan Friedman	David Cores & Family	In memory of his beloved wife Sharon Cores		
Debby & Alan Friedman	Leslie & David Silverstein	Mazel Tov on the birth of their grandson, Graham Hayden Silverstein		
Burt & Cindy Ochs	David Cores & Family	In memory of his beloved wife, Sharon Cores		
Burt & Cindy Ochs	Leslie & David Silverstein	Mazel Tov on the birth of their grandson, Graham Hayden Silverstein		
Michelle & Larry Soll	David Cores & Family	In memory of his beloved wife, Sharon Cores		
Alissa & Philip Onigman	Ellen Brody	In honor of Ellen Brody		
David & Leslie Silverstein		In honor of the birth of their grandson, Graham Hayden Silverstein		
Elaine Winic	David Cores & Family	In memory of his beloved wife, Sharon Cores		
Elaine Winic	Leslie & David Silverstein	Mazel Tov on the birth of their grandson, Graham Hayden Silverstein		
Elaine Winic	Adelle Stavis	Mazel Tov on the birth of her grandson, Gideon Joseph		
Ida & Charlie Marget & Family	Sandy Marder	In memory of her beloved mother, Lilian		
Ellen & Jon Brody	David Cores & Family	In memory of his beloved wife, Sharon Cores		
Ellen & Jon Brody	Leslie & David Silverstein	Mazel Tov on the birth of their grandson, Graham Hayden Silverstein		
Ellen & Jon Brody	Adelle Stavis	Mazel Tov on the birth of her grandson, Gideon Joseph		
Ellen Macklin Joyce & Richard Brody	Mike Rosenberg Ellen Brody	Congratulations on your retirement In honor of Ellen's 60 th Birthday		
Melvin S. Cutler	Natalie Greenblatt	Thank you for celebrating his 90th birthday with him		
Melvin S. Cutler	Jerry Golner	Thank you for celebrating his 90 th birthday with him		
Bill Shek		In memory of his beloved wife, Jill Aszling		
Jeff Tye	Jon Brody	Wishing you a <i>Refuah Sheleimah</i>		
Jeff Tye	Rabbi Mandell	Wishing you a <i>Refuah Sheleimah</i>		
Jeff Tye	Henry Yaffa	Wishing you a <i>Refuah Sheleimah</i>		
Jeff Tye	Ethel Somers	Wishing you a <i>Refuah Sheleimah</i>		
Jim Shainker	Tina & Howie Spector	Mazel Tov on the birth of your grandson,		
	in the first operator			

Kind & Generous Donations

TEMPLE FUND

<u>From</u> <u>To</u> <u>Occasion</u>

Cindy & Burt Ochs Tina & Howie Spector Mazel Tov on the birth of your grandson,

Jed Levi Spector

Cindy & Burt Ochs Michelle & Larry Soll Mazel Tov on the birth of your grandson,

Ezra Joseph Soll

Cindy & Burt Ochs Eric & Leah Soll Mazel Tov on the birth of your son,

Ezra Joseph

Michelle & Larry Soll Tina & Howie Spector Mazel Tov on the birth of your grandson,

Jed Levi Spector

Robin Insuik Michelle & Larry Soll Mazel Tov on the birth of your grandson,

Ezra Joseph Soll

Robin & Mike Rose Michelle & Larry Soll Mazel Tov on the birth of your grandson,

Ezra Joseph Soll

Robin & Mike Rose Tina & Howie Spector Mazel Tov on the birth of your grandson,

Jed Levi Spector

RABBI'S DESCRETIONARY FUND

From <u>To</u> <u>Occasion</u>

Judith Green Chaloff Rabbi Mandell In appreciation of your participation of the

Memorial Day Service

Ellen Macklin Rabbi Mandell For your continued good health

Debbie & Alan Friedman Rabbi Mandell In his honor

Debbie & Alan Friedman Rabbi Mandell In honor of Rabbi Mandell's 10 years of

devoted service to CBI

YAHRZEIT

Mourner Departed

Irene Boroda Jerome & Ray Weissman, Parents

Lisa Fischer Harry Fischer, Grandfather
Ellen Macklin Russell Scott Macklin, Son

Ellen Macklin Michael George Macklin, Grandson

Ellen Macklin

David Levine

Esther Levine, Mother

Ellen Brody

Arthur Lurie, Father

Les Tye

Morris Konikoff, Uncle

Les Tye Ida Konikoff Rosengard, Aunt

James Gill Evelyn R. Gill, Wife

Sandra & Mark Dorros Gail Dorros Dorfman, sister

Sandra & Mark Dorros Irwin Dorros, father

Kind & Generous Donations

YAHRZEIT

Mourner

Sheryd & David Jackson

Peter & Beth Edelstein

Richard & Anita Jay

Charles Marget

Paul & Barbara Garnick

Phyllis Berkowitz

Natalie Greenblatt

Michelle & Larry Soll

Michelle & Larry Soll

Myrna Weisman

Caren Jacobson & Blair Roberts

Jerold Golner

Jerold Golner

Janice & Rob Klein

Dr. Steven Siegal

Lawrence & Zoila Feldman

Elise Levine

Sheryd & David Jackson

Gary Mauser

Les Tye

Carole Siegal

Natalie Greenblatt

Alissa & Philip Onigman

Departed

Florence Raifman, Grandmother

Charles Goldstein, Uncle

Philip & Rebecca Kaplan, Parents

Ida E. Marget, Mother

Samuel Garnick, Father

Judy Kutel, Sister

Morris Edstine, Uncle

Lawrence Goodman, Father

Stanley Dress, Stepfather

Leonard Kleinbart, (Dad), Father

Celi Brod, Aunt

Miriam Golner, Wife

Dora Golner, Mother

Miriam Golner, Mother

Alvin J. Siegal, Father

Shirley Feldman, Mother, Mother-in-Law

Gertrude Chedekel, Mother

Norton Shapiro, Father

Donald Mauser, Brother

Louis Konikoff, Uncle

Alvin Siegal, Husband

Miriam Golner, Sister

Cynthia Onigman, Mother





The following names will be read, and people remembered at Yahrzeit, on Shabbat Morning

August 5 - 11 18 - 24 Av

Maurice Artenstein Maurice Barlofsky Ben Berkowitz Joseph Black Ceil Brod Rose B. Coggan Debbie D'Innocente Harriet Thau Farber Morris Finkelstein Max Ganz Philip Gidansky Israel Gilboard Celia Goldring Mary Kaplan Leonard Kleinbart Louis Konikoff Bess R. Levine Samuel Orenstein Jennie Orenstein Harvey Schwartz Paula Scolnik Louis Sideman Mollie Silverstein Joseph Sosna Henry W. Stern Samuel Stearn Edmund Weirnick Marsha Weiss Morris Wilenkin Rae Wolfson Ruth Young

August 12 - 18 25 Av - 1 Elul

Harold Bacon Sarah Bower Herbert Victor Brown Leah Feferholtz Rose Feigenson Libby Feinberg Shirley Feldman Robert Ferman John Fetters Jacob Fine Dorothy Gilboard Sumner Gladstone Miriam Goldberg Dora Golner Anna Goodman Albert B. Groman Bessie Herscovitz William Karp Sara Krantweiss John Shepherd McDaniel, Jr. Barbara Nannis Morey A. Rosenthal Fred D. Sanft Anne Shwartz Sang Albert Schanzer Martin Schlau Alex Schwartz Hanna Schwartz Lillian V. Shane Norton Shapiro Morris Shulins Nathan Sideman Jacob Stoller

Sidney Wicholas

August 19 - 25 2 - 8 Elul

Helen Newman Alling Ethel Benjamin Evelyn Berke Jennie L. Bresth Eda Cooper Jacob Fox Louis Franks Mahla Gedansky Nathan Gedansky Max Goldstein Beniamin Haves Ida Hershfield Benjamin Kenner Milton H. Klaiman Zundell Korelitz Natalie Kremer Ethel Levine William Levine Tillie Milstone Nina Moritz Ruth T. Rosengard Samuel Rosengard Morris Sadagursky Maurice Schwartz Solomon Schwartz Michael Joseph Shapiro Marilyn Anne Green Bernstein Sheffield Celia Silverman Aaron Silverman Saul Stone Alexander Weiner Louis Zidle

August 26 - September 2 9 -16 Elul

Joseph Appel Brenda J. Arkin Murray Bronstein Harry Faigel Israel Feigenson Harry L. Feldman Faith Flagler Benjamin Fried Ethel "Etty" Damelin Bella Yael Garber-Goldberg Marjorie Garnick Pearl Gidansky Solomon Golubzik Leah Gordon Lena Gustat Sarah Halpern Rebecca Heifetz Herman Holt Fannie Klotz Milton Koor Morris Kopelman Martin Lazar David P. Lebowitz Herman Lemkin Louis Levine Gertrude Marmer Freva Hirsch McGrath Anne Klein Miller Morris Milstone Jacque Elaine Lair Moore Vera Moskovitz Molly Nathanson Alfred Raifman Herbert Rindler Rose Robinson Samuel Rosenthal David Salovitch Bessie Scolnick Nancy Ellen Siegel Benjamin Sloan Frances Spaien Samuel Yafa

CBI Supports the People of Ukraine:

Please contribute to HIAS's efforts to provide relief to displaced Ukranians!

The Social Action Committee has created a fundraiser to support HIAS's work to provide relief in Ukraine. We have already made \$200 in donations, and hope to raise an additional \$550 for a total of \$750.

According to HIAS's website:

The UN Refugee Agency reports that more than 5 million refugees have fled Ukraine to Europe since the war began, making it the fastest-moving refugee crisis in Europe since the end of WWII. UNHCR says there are more than 6 million internally displaced people in Ukraine and around 15 million people have been affected in the areas hardest hit by the war within Ukraine and are in need of humanitarian and protection assistance.

HIAS' long-time partner on the ground in Ukraine, <u>Right to Protection (R2P)</u>, continues to aid refugees and displaced persons. HIAS has sent emergency funding to R2P, an independent NGO, to assist their response. R2P specialists are providing legal assistance; operating a hotline to provide information about services, evacuation, and refugee status; conducting protection monitoring at checkpoints and monitoring visits to those who have not left their home; and also distributing food and supplies.

You can support these efforts by making a gift online at: www.act.hias.org or by mailing a check to:

HIAS PO Box 97077 Washington, DC 20090-7077

If you'd like the Social Action Committee to count your gift toward our goal, please let Susannah Abbott know at zaninando-ver@gmail. Thank you for supporting this important work!

The Social Action Committee

COMMUNITY NOTICES

רפואַה

- Tanchumim, Condolences

David Cores & Family on the loss of his beloved wife, Sharon Cores

מזל טוב ~ Mazel Tov, Congratulations

Adelle Stavis & Doug Cuthbertson on the birth of their grandson, Gideon Joseph Leslie & David Silverstein on the birth of their grandson, Graham Hayden Michelle & Larry Soll on the birth of their grandson, Ezra Jordan Tina & Howie Spector on the birth of their grandson, Jed Levi

- Todah Rabah, Thank You

Jon Brody & Burt Ochs for replacing the burnt out lightbulbs in the Shul and installing the new camera mount outside the front door

Rebecca Fishbein & Mitch Guttentag for hosting Shabbat on the Road

Congratulations to the newly elected Executive Board,

Jeff Tye, Jon Brody, Caren Jacobson, and Sarah Blumenstock

Congratulations to newly appointed Board members,

Hilary Guida and Bill Shek

THURSDAY NIGHT MINYAN

Regularly scheduled on the 1st & 3rd Thursdays of each month

Thursday, August 3 and 17 @ 7:00pm

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Tuesday before by clicking here: <u>office@bethisraelmv.org</u> and we will email you the Zoom link.

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JIM SHAINKER AND GUESTS

DISCUSS CURRENT EVENTS ~ LITERATURE ~ HOLIDAYS ~ POLITICS ~ ISRAEL ~ MUSIC ~ HALACHA ~ AND MORE

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Synagogue Office Hours

9:00 am - 5:00 pm Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

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August 2023

Av - Elul 5783

Su	nday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 14 Av	2 15 Av	3 16 Av	4 17 Av	5 18 Av
			Mah Jongg @ 7:00pm		Minyan @ 7:00PM	7:43PM Candle Lighting	Shabbat Services @ 9:30am Parashat Eikev
							Sangria Havdalah on the Road @ 7:00PM
							8:42PM Havdalah
6	19 Av	7 20 Av	8 21 Av	9 22 Av	10 23 Av	11 24 Av	12 25 Av
Yard 9:00 -	Sale 12:00		Mah Jongg @ 7:00pm			7:34PM Candle Lighting	Shabbat Services @ 9:30am Parashat Re'eh
	I I						Shabbat Mevarchim
							Chodesh Elul
							8:33pm Havdalah
13	26 Av	14 27 Av BOARD MEETING @	15 28 Av Mah Jongg @ 7:00pm	16 29 Av	17 30 Av Rosh Hodesh Elul	18 1 Elul 7:24PM Candle Lighting	19 2 Elul Shabbat Services @ 9:30am
		7:15PM	·		Minyan @ 7:00PM	Rosh Chodesh Elul Rosh Hashana LaBehemot	Parashat Shoftim 8:23PM Havdalah
20	3 Elul	21 4 Elul	22 5 Elul Mah Jongg @ 7:00pm	23 6 Elul	24 7 Elul	25 8 Elul 7:13PM Candle Lighting	26 9 Elul Shabbat Services @ 9:30am
							Parashat Ki Teitzei
							8:11PM Havdalah
27	10 Elul	28 11 Elul	29 12 Elul	30 13 Elul	31 14 Elul		
			Mah Jongg @ 7:00pm				







September 2023

Elul 5783 - Tishrei 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 15 Elul 7:01pm Candle Lighting	2 16 Elul Shabbat Services @ 9:30am Parashat Ki Tavo 8:00PM Havdalah
3 17 Elul	4 18 Elul Labor Day	5 19 Elul Mah Jongg @ 7:00pm	6 20 Elul	7 21 Elul Minyan @ 7:00PM Book Club @ 7:30pm	8 22 Elul 6:49pm Candle Lighting	9 23 Elul Shabbat Services @ 9:30am Parashat Nitzavim- Vayeilech Leil Selichot 9:06pm Havdalah
10 24 Elul	11 25 Elul Board Meeting @ 7:15PM	12 26 Elul Mah Jongg @ 7:00pm	13 27 Elul	14 28 Elul	15 29 Elul Erev Rosh Hashana 6:36pm Candle Lighting	16 1 Tishrei Shabbat Services @ 9:30am Rosh Hashana 7:35pm Candle Lighting
17 2 Tishrei Rosh Hashana II 7:33pm Havdalah	18 3 Tishrei	19 4 Tishrei Mah Jongg @ 7:00pm	20 5 Tishrei	21 6 Tishrei Minyan @ 7:00PM	22 7 Tishrei 6:24pm Candle Lighting	23 8 Tishrei Shabbat Services @ 9:30am Parashat Ha'Azinu Shabbat Shuvah Huntington Theater 7:22pm Havdalah
24 9 Tishrei Erev Yom Kippur 6:20pm Candle Lighting	25 10 Tishrei Yom Kippur 7:19pm Havdalah	26 11 Tishrei Mah Jongg @ 7:00pm	27 12 Tishrei	28 13 Tishrei	29 14 Tishrei Erev Sukkot 6:11pm Candle Lighting	30 15 Tishrei Sukkot I 7:10pm Havdalah